

Meals on Wheels

This program provides hot meals, on a temporary basis, to residents who are medically homebound and unable to prepare their own meals. We do not deliver meals to those who are able to prepare their own meals or who have someone at their house who can prepare a meal for them. Meals are usually delivered on a temporary basis to help the individual through a crisis, and do not continue indefinitely unless your doctor certifies that you are medically homebound; the intent is to offer a joint effort with the family.

A Lunch meal is delivered by volunteers Monday through Friday and on an emergency basis on weekends, excluding legal holidays. Volunteers will pick up the meal at Scotts Corner Market around noon and deliver it to your premises shortly thereafter.

The estimated cost of the program is about \$6.00 per meal and you will be billed monthly. New program participants will need to contact Louise Paolicelli, Senior Programs Coordinator at 764-8201 or PRSeniors [at] townofpoundridge [dot] com or call the Recreation Department at 764-0947.

If you can cook for yourself - but can't get out of your house, we can shop for you and bring your groceries to you home.

- [Community](#)

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