

N2N

Town of Pound Ridge Neighbor to Neighbor Newsletter Programs for Pound Ridge Seniors



Join us for a Trip to
Brotherhood Winery
In Washingtonville, NY
America's Oldest Winery



Thursday, September 17th 9:00 am — 5:00pm
Register by September 3rd
Tour of Winery and Wine Tasting

Depart from Town Park

Lunch at the Winery at Vinum Café
(or bring your own picnic lunch)

Cost: \$10 for tour and tasting—pay that day
(Cost of lunch is NOT included)



BOSCOBEL House and Gardens
Garrison, New York

Thursday, October 15th 8:30 am to 4:00 pm
Depart from Town Park Register by October 1st

Cost: \$14 for tour of house and gardens

Lunch at Hudson Hill's Café (pay for your own lunch)

Boscobel House, built between 1804-1808, is widely regarded as one of the finest examples of Federal architecture in the country and contains one of the nation's leading collections of furniture and decorative arts from the Federal period.



Gardens and grounds are flat. There are few steps to enter house.

If you prefer not to tour second floor of house you may wait on the first floor (there is no elevator)

UPCOMING EVENTS

Films on Fridays

Feature films at the PR Library

Fridays at 10:30 am

Once a month. No Charge.

No reservations needed to attend the movie.

September 11—Boyhood

Filmed over 12 years with the same cast, BOYHOOD is a groundbreaking story of growing up as seen through the eyes of a child named Mason who literally grows up on screen before our eyes.

October 9—Birdman: Or (The Unexpected Virtue of Ignorance)

A washed-up actor, who once played an iconic superhero, battles his ego and attempts to recover his family, his career and himself in the days leading up to the opening of his Broadway play.

November 6—American Sniper

Navy SEAL sniper Chris Kyle's pinpoint accuracy saves countless lives on the battlefield and turns him into a legend.

Back home to his wife and kids after four tours of duty, however, Chris finds that it is the war he can't leave behind.

December 11— The Second Best Exotic Marigold Hotel

As the Best Exotic Marigold Hotel has only a single remaining vacancy - posing a rooming predicament for two fresh arrivals - Sonny pursues his expansionist dream of opening a second hotel.

January 8—Marley & Me

A family learns important life lessons from their adorable, but naughty and neurotic dog.



Out-of-Town Shopping on Thursdays

The N2N Bus will travel to various shopping areas outside of Pound Ridge.

No charge for the bus ride

Please reserve a spot on the bus at least **one week** prior to the trip.

The bus leaves from the Town House.



October 22

Norwalk

Depart 10:00 am Return 3:30 pm
Walmart, Homegoods, Lunch at Bertuccis

November 19

Mt. Kisco

Depart: 10:30 am Return 3:30 pm
Kohls, Lunch at Applebee's, Target

December 17

Danbury Mall

Depart 10:00 am Return 3:30 pm
Mall, Lunch, Christmas Tree Shop

Trip to the 9/11 Memorial

**9/11
MEMORIAL**

Join Seniors from Bedford and Lewisboro for a trip to the 9/11 Memorial

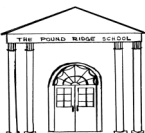
Thursday, September 24th Approx. 8:00 am to 5 pm Lunch at Carmines

This is not a definite trip—we need to know if anyone is interested in joining the other towns. Cost will be around \$90. If you are interested in this trip, please contact Louise immediately. We will be offered any extra seats the other towns have.

*** If you are already a non-resident member of the Lewisboro Seniors group please register directly with them ***

For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.

**Pound Ridge
Elementary School
Annual Senior Luncheon**



Come to the much enjoyed
luncheon for an afternoon of fine food, great
entertainment and fun with friends.

12 noon Thursday, November 5th
RSVP by October 22nd No cost

Held at Pound Ridge Elementary School.
If you need transportation, let us know.

Pound Ridge Car Show

Sponsored by The Pound Ridge Police Benevolent Association



914-764-5736 914-764-4206
info@poundridgecarshow.com

Annual PR PBA Car Show
Saturday, September 12

Pound Ridge Town Park

10:00am—4:00pm



Neighbor to Neighbor (N2N)

Holiday Luncheon
For Pound Ridge Seniors

Join us at Conant Hall on
Thursday, December 10th
12:00 noon
for a Holiday Luncheon

Food, Friends and Holiday Cheer!

No Charge
RSVP by Dec. 1st



**Halloween
Luncheon**

**Thursday
October 29th**

**Conant Hall
12:00 lunch**

**For Pound Ridge Seniors
No Charge**



**RSVP by
October 19th**



The Teaching Company's Great Courses Seminars

At the Pound Ridge Library

Thursdays 1:00 pm—3:00 pm

Leonardo da Vinci and the High Italian Renaissance: Sept. to October

Big History: The Big Bang, Life on Earth and the Rise of Humanity: November to December

Moderated by Lawrence Brotmann
Discussion & Refreshments following DVD-lecture Open to all adult learners No Fee
Please call the Library to register (914) 764-5085



Yale University Art Gallery Trip

Enjoy a great variety of Art at your own pace.

Thursday, October 1st

9:00 am to 4:30 pm (depart from Yale at 3pm)

Bus leaves at 9am from the Town Park. Register by September 15th

Cost: \$10 for Transportation

Go off on your own or join the group for lunch at one of the many local restaurants.

The Gallery's permanent collection was founded in 1832 when the patriot-artist John Trumbull gave more than one hundred of his paintings to Yale College. Since that time, the collection has grown to number more than 200,000 objects representing Eastern and Western cultures and ranging in date from ancient times to the present day.

Empire City Casino at Yonkers Raceway

Register early—Limited seats on N2N Bus

January 14, 2016 9:00–4:00

Depart from Town Park at 9am

Depart from Empire City at 3pm



No charge for transportation
Pay for your own lunch

Trip to Harvest Moon Farm & Orchard in North Salem



Wednesday, September 16th

1:00 pm to 4:00 pm \$10 per person

Register by Sept. 4th

Tour of Farm & Orchard, visit with animals,
snack on a fresh made donut

Country Store will be open to purchase apples
and other goodies.



Depart from
Town House



**There is now a Drop off box in the
Town House for old, tattered, or
worn US Flags.**

The Boy Scouts have donated a Flag Collection Box for the public to place their old, tattered, or worn flags. The Scouts will then hold periodic Flag Retirement Ceremonies to properly retire the flags. The Flag Retirement Box is located in the Town House and all American Flags of any size or style will be accepted.



Save the date:




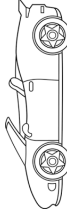

Thursday, March 17, 2016
N2N St. Patrick's Day Luncheon

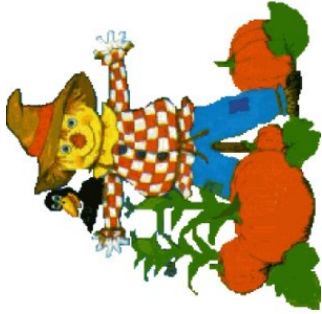


September 2015 Neighbor to Neighbor Events For Pound Ridge Seniors

N2N

And other local events of interest



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1	2 <i>Bus to Market</i>	3  <i>Bridge Club</i>	4	5
6	7  HAPPY LABOR DAY	8	9 <i>Bus to Market</i>	10  <i>Bridge Club</i>	11 Movie: Boyhood	12 PR PBA Car Show 
13	14	15	16 Harvest Moon Farm & Orchard <i>Bus to Market</i>	17 Brotherhood Winery Trip <i>Bridge Club</i>	18	19
20	21	22	23 <i>Bus to Market</i>	24 9/11 Memorial Trip <i>Bridge Club</i>	25	26
27	28  Chair Yoga	29	30 <i>Bus to Market</i>	Town of Pound Ridge Recreation Department Senior Services (914) 764-8201 PRSeniors@townofpoundridge.com		



October 2015 Neighbor to Neighbor Events For Pound Ridge Seniors

N2N

And other local events of interest




<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	Town of Pound Ridge Recreation Department Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com			1 Trip to Yale Art Gallery <i>Bridge Club</i>	2	3
4	5	6	7 <i>Bus to Market</i>	8 WBT: Showboat <i>Bridge Club</i>	9 Movie: Birdman	10
11	12  Columbus Day	13	14 <i>Bus to Market</i>	15 Trip to Boscobel <i>Bridge Club</i>	16	17 Harvest Festival
18	19	20	21 <i>Bus to Market</i>	22 Shopping: Norwalk <i>Bridge Club</i>	23	24
25	26  Chair Yoga	27	28 <i>Bus to Market</i>	29 N2N Halloween Luncheon <i>Bridge Club</i>	30	31

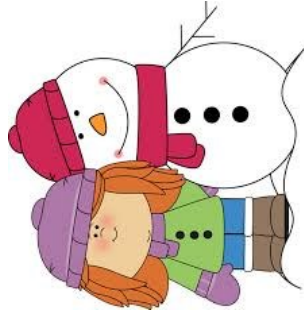


November 2015 Neighbor to Neighbor Events For Pound Ridge Seniors

N2N

And other local events of interest




<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1	2	3	4 <i>Bus to Market</i>	5 Annual PRES Luncheon <i>Bridge Club</i>	6 Movie: American Sniper	7
8	9	10	11  VETERANS DAY	12  Bridge Club	13 Spirit of NY Cruise	14
15	16	17	18 <i>Bus to Market</i>	19 Shopping: Mt. Kisco <i>Bridge Club</i>	20	21
22	23	24	25 <i>Bus to Market</i>	26 Happy Thanksgiving	27 	28
29	30	<p><i>Town of Pound Ridge Recreation Department</i> <i>Senior Services</i> <i>(914) 764-8201</i> <i>PRSeniors@townofpoundridge.com</i></p>				



December 2015 Neighbor to Neighbor Events For Pound Ridge Seniors

N2N

And other local events of interest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Town of Pound Ridge Recreation Department, Senior Services 764-8201 PRSeniors@townofpoundridge.com		1	2  Chair Yoga <i>Bus to Market</i>	3  <i>Bridge Club</i>	4	5
6	7	8	9 <i>Bus to Market</i>	10 Holiday Luncheon <i>Bridge Club</i>	11 Movie: The Second Best Exotic Marigold Hotel	12
13	14	15	16 <i>Bus to Market</i>	17 Shopping: Danbury <i>Bridge Club</i>	18	19
20	21	22	23 <i>Bus to Market</i>	24 <i>Bridge Club</i>	25	26
27	28	29	30 <i>Bus to Market</i>	31 		



Looking for Volunteers

Become more involved with Neighbor to Neighbor (N2N)

Neighbor to Neighbor (N2N), a 501c (3) not-for-profit organization, is a community based volunteer organization that helps our Pound Ridge Seniors and disabled in time of need. Neighbor to Neighbor (N2N) works in conjunction with the Town's Recreation Department and the Town's Police Department. Services such as grocery shopping assistance, meals on wheels, RUOK calls and medical equipment loans are coordinated as well as volunteer rides to medical appointments.

Committed volunteers are needed in the following areas:

Neighbor to Neighbor (N2N) Board of Directors

The Board of Directors would meet four times a year to discuss issues with ongoing services, new services that may be needed and make decisions on financial matters. Monies that are donated to Neighbor to Neighbor are used for various projects to assist seniors in Pound Ridge. The Board of Directors will review proposals for funding that the Senior Advisory Council submits. We are looking for new members for the Board of Directors.

Senior Advisory Council

We would like to put in place a group of seniors (62+) **who are active in our programs** to help guide and direct the programs we offer. This group would meet once a month to review the programs that have taken place and advise on new programs needed. The Council would formulate proposals to be presented to the Board of Directors for use of N2N funds. Join us if you would like to be more involved in planning trips, seminars and services that Pound Ridge Seniors would like.

Additional volunteer opportunities are available in the following areas:

- ♦ Provide rides to Medical Appointments for Seniors
- ♦ Deliver groceries or meals to homebound seniors
- ♦ Assist with setup and serving at the Neighbor to Neighbor luncheons (5 a year)

For more information on any of the volunteer opportunities please contact Louise at 764-8201 or prseniors@townofpoundridge.com

**Town of Pound Ridge Recreation Department Senior Programs
Program Registration Form**

This form must be completed to register for any program that requires payment.
To register for programs that do not have a fee, you may complete the form or call 764-8201, or email prseniors@townofpoundridge.com.

Name: _____ Phone: _____

Email: _____

Mailing address: _____

Make checks payable to “Town of Pound Ridge”

Separate checks are required for each program

Mail to: Senior Programs, PR Recreation Department, 179 Westchester Avenue, Pound Ridge, NY 10576
For any programs that you are bringing a guest(s), please attach a list of your
guest(s) names and phone numbers.

Event Date	Event/Trip	# of People	Cost per Person	Total Cost
September 16	Harvest Moon Farm & Orchard Trip		\$10	
September 17	Brotherhood Winery Trip		\$10 pay that day	
September 24	Trip to 9//11 Memorial		TBD	
September 28	Chair Yoga		no charge	
October 1	Yale Art Gallery		\$10	
October 8	WBT: Showboat		\$55	
October 15	Trip to Boscobel		\$14	
October 22	Shopping: Norwalk		no charge	
October 26	Chair Yoga		no charge	
October 29	Halloween Luncheon		no charge	
November 5	PRES Luncheon		no charge	
November 13	Cruise around Manhattan		\$90	
November 19	Shopping: Mt. Kisco		no charge	
December 2	Chair Yoga		no charge	
December 10	Holiday Luncheon		no charge	
December 17	Shopping: Danbury		no charge	
January 14	Empire City Casino		no charge	

Intermediate Bridge
Thursdays 1:00 pm
At the Town House

For information, or to join, contact Anne-Marie at
764-9390 or email
amsirois@optonline.net



Join us for
one or two or three
Chair Yoga
sessions

At the PR Library
10:30 am

Monday, September 28th
Monday, October 26th
Wednesday, December 2nd

No Charge

Please register at least
one week before each class.

This special program will be presented by
Northern Westchester Hospital

Chair yoga is a way to offer the physical, mental and emotional benefits of mat yoga to those people who are unable to get on the floor for various reasons. It is a simple practice with a focus on safety and correct alignment on the chair. Breath work, acupuncture, aromatherapy and guided imagery is incorporated into each class. The best part of this practice for seniors is that anyone and everyone can do some form of the class, using modifications.



Got Drugs?

Turn in your unused
or expired medication
for safe disposal
here



Expired Prescription Medication Collection

The Pound Ridge Police Department is now a collection site for expired prescription medications.

Items can be dropped off in the secure container
in the police department lobby
Monday to Friday 8:00 am to 4:00 pm.

This program keeps the drugs out of the hands of potential illicit users and helps the environment by keeping these chemicals out of the ground water by not flushing them (which is commonly done).

There is no cost for this service. Any questions can be directed to the Pound Ridge Police Department at (914) 764-4206.

This program is coordinated and funded through the Westchester County STOP DWI program. Once full, the containers contents are removed and destroyed by the Drug enforcement Administration at no cost to the municipality.

MISCELLANEOUS ITEMS:

Call Louise for more information on these items.

Hair Cuts: We have a local women who is willing to come to your home to cut your hair. Charge varies.

Scrabble: If you regularly score over 300 on scrabble and are looking to play, a local senior gentleman is looking for a challenge.

eBay: Do you have items that you want to sell? A volunteer is willing to either show you how to post your items for sale on eBay, or will post them for you. Make some \$\$\$ and get rid of that clutter. No charge.

Therapy Dogs: There are a few therapy dogs in Pound Ridge who would love to come spend some time with you. Call if you would like a visit. No charge.

Town of Pound Ridge Recreation Department
Senior Programs
179 Westchester Avenue
Pound Ridge, NY 10576

PRSRT STD
U.S. Postage
PAID
White Plains, NY
Permit NO. 7624

**See inside for
more details on
trips to:**

Brotherhood Winery

Harvest Moon Apple
Orchard

Boscobel

Yale Art Gallery

WBT Showboat

And more...

N2N

Cruise around Manhattan on the Spirit of New York

Friday, November 13th

9:30 am to 4:00 pm

Departs from Town Park

\$90 per person



We must have registration and
payment by September 21st

Includes transportation,
2 hour Cruise
and Buffet Lunch

Includes gratuity for cruise and lunch.
Coffee, tea and water included. All other drinks are an additional charge.

