SPRING/SUMMER 2016



Town of Pound Ridge Neighbor to Neighbor Newsletter Programs for Pound Ridge Seniors

NY Botanical Gardens



Enjoy the day roaming the NY Botanical Gardens

General admission and exhibits include: Peggy Rockefeller Rose Garden

Impressionism: American Gardens on Canvas

Thursday June 2nd

10:30-4:00 pm (leave the gardens at 3pm)

\$20 per person Depart from Town House*

Bring your own lunch to enjoy or purchase lunch at the Pine Tree Cafe

Register by May 18th



* If you need to be picked up at your home let us know

Lunch with Lisl

Join us for an informal light lunch with Lisl Steiner-Monchek

Thursday, May 26th
12 noon Conant Hall

Lisl is a long time Pound Ridge resident and world renowned photojournalist

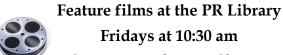
She will discuss her life experiences and how growing old can be fantastic!

No charge— light lunch will be provided

Register by May 16th

UPCOMING EVENTS

Films on Fridays



Once a month. No Charge.

No reservations needed to attend the movie.

May 13th — Brooklyn

In this charming love story based on the best-selling novel, a young Irish immigrant (Saoirse Ronan) travels to New York City and is torn between two countries and two men.

June 10th — Mamma Mia!

Have the time of your life with Meryl Streep and an all-star cast in this undeniably fun celebration of mothers and daughters, old friends and newly found family!

July 8th — Moonstruck

A widowed Brooklyn book-keeper is torn between her fiancé and his brother.

August 12th — Titanic

Experience James Cameron's Titanic like never before. Leonardo DiCaprio and Kate Winslet shine in this unforgettable, epic love story. See why critics declare Titanic "a magnificent motion picture that remains spellbinding."*Roger Ebert, CHICAGO SUN-TIMES



Intermediate Bridge Thursdays 1:00 pm At the Town House

For information, or to join, contact Anne-Marie at 764-9390 or email amsirois@optonline.net

Out of Town Shopping on Thursdays

The N2N Bus will travel to various shopping areas outside of Pound Ridge
No charge for the bus ride

Please reserve a spot on the bus at least **one week** prior to the trip. The Bus leaves from the Town House.

May 19 Danbury

Depart 10:00 am Return 3:30 pm Mall, Lunch, Christmas Tree Shop

June 16 Mt. Kisco



Depart 10:00 am Return 3:30 pm Kohls, Lunch at Applebee's, Target

July 14 Norwalk

Depart: 10:00 am Return 3:30 pm Walmart, Homegoods, lunch at Bertuccis

August 18 Danbury

Depart 10:00 am Return 3:30 pm Mall, Lunch, Christmas Tree Shop



Chair Yoga

At the PR Library No Charge Mondays once a month at 10:30 am May 16

Register by calling Louise at 764-8201 or email prseniros@townofpoundridge.com.

Other dates will be set—register and we will call you when the new dates are set

This special program will be presented by Northern Westchester Hospital.

For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.

Seminar for Women

Preparing for the "Extra-Long Life": Tools Women Can Use Now



Have you ever asked yourself...

- Will I have enough money in retirement?
- How do I make my health care wishes known?
 - ♦ What about long-term care?
 - What happens if I need someone to manage my affairs?

Wednesday, May 11th 10:30 am PR Library

Register by May 3rd

Presented by: Nancy Gould and Betsy Klampert



Pound Ridge Annual N2N Senior Picnic

Thursday, July 21st 11:30 am-1:30 pm Conant Hall

Live music and Dancing!

Hot Dogs, hamburgers,

chicken, salads, beverages

and ice cream.

RSVP by July 11th
Free access to Town Pool
after the Picnic





Join us for a visit to

Grace Farms

New Canaan, CT

Thursday, June 23rd 11:00 am—1:30 pm

80 acres of meadows, trails and the "River" (a serpentine, open-air structure that is built into the landscape.)

Join us for a simple lunch at the Commons (You may NOT bring your own food). After lunch you will have time to explore the grounds or just sit and enjoy the view.

Tea service at the Pavilion available every half hour for \$5 (credit or debit cards only—NO CASH)

Sip and savor seasonal loose leaf teas from around the world.

No Charge

Register by June 9th

Pay for your own lunch
The Commons takes NO CASH—Credit/debit cards only!
Bus departs from Town House
(If you need to be picked up from your home let us know)



Westchester Broadway Theatre Show and Lunch

10:30 am-5:00 pm Depart from Town House

If you need to be picked up from your home let us know

\$55 per person



Million Dollar Quartet

The Smash hit musical inspired by the famed recording session in Memphis in 1956 that brought together rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins for the first and only time. Featuring a score of rock hits including "Blue Suede Shoes," "Fever", "That's All Right," "Great Balls Of Fire", "Walk The Line", "Whole Lot Of Shakin' Goin' On", "Hound Dog" and much more.

Thursday, July 28 Register by May 19th

Saturday Night Fever

Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves! Saturday Night Fever is one of the most loved dance stories of all time. A stage version of the extraordinarily successful 1977 movie, It is a jam-packed, dance-crazed, fuel-injected show. Tony Manero, is a Brooklyn man whose very ordinary life is transformed when he steps on to the dance floor Packed with over twenty legendary hits from The Bee Gees including the classics; *Stayin' Alive, Night Fever, Jive Talking, You Should Be Dancing and How Deep is Your Love*.



Thursday, November 17

Register by August 8th

YOUR LUNCH AND SHOW PACKAGE includes entrée of your choice, salad, vegetable, potato or pasta, fresh rolls and corn muffins, Chef's Choice dessert, coffee, decaffeinated coffee or regular tea prior to the performance.

Appetizers, luxury desserts, specialty drinks including souvenir glass, beer, alcoholic and non-alcoholic drinks are available at an additional charge.



A Day or two at Compo Beach Thursday, July 7th & Thursday, August 11th

10:00 am—3:00 pm (Leave the beach at 2 pm)

Get your swimsuit ready for a relaxing day at the beach.

Changing rooms and shower facilities are available.

Bring your own lunch or enjoy food from "Joey's by the Shore" deli/grill.

Depart from Town House No charge Register by 1 week before
If you need to be picked up from your home let us know



May 2016 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	က	4 Bus to Market	5 Bridge Club	9	
	6	10	"Tools for Women" Seminar Bus to Market	12 Seridge Club	13 Movie: Brooklyn	14
15	16 Chair Yoga	17	18 Bus to Market	Shopping: Danbury Bridge Club	20	21
22	23	24	25 Bus to Market	26 Lunch with Lisl Bridge Club	27	28
29	30 Memorial Day Parade	31		To Rec Seni PRSenior	Town of Pound Ridge Recreation Department, Senior Services: 764-8201 PRSeniors@townofpoundridge.com	lge ient, -8201 ridge.com



June 2016 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Town of Po	Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com	on Department, ridge.com	1 Bus to Market	2 NY Botanical Gardens Trip Bridge Club	ಣ	4
5 Pound Ridge PRIDE Day	9	7	8 Bus to Market	9 Sridge Club	10 Movie: Mamma Mia!	11
12 Open house at Pound Ridge Pool	13	14	15 Bus to Market	16 Shopping: Mt. Kisco Bridge Club	17	18
19	20	21	22 Bus to Market	23 Trip to Grace Farms Bridge Club	24	25
26	27	28	26 29 30 Bus to Market Philipsburg Manor Bridge Club	30 Philipsburg Manor Bridge Club		



July 2016 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Saturday	2 Road Race & Fireworks	6	16	23	30
Friday	1	8 Movie: Moonstruck	15	22	29
Thursday		7 Compo Beach Bridge Club	14 Shopping: Norwalk Bridge Club	21 N2N Picnic/ BBQ Bridge Club	WBT WBT Million Dollar Quartet Bridge Club
Wednesday		6 Bus to Market	13 Bus to Market	20 Bus to Market	27 Bus to Market
Tuesday	n Department, idge.com	w	12	19	26
Monday	Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com	4	11	18	25
Sunday	Town of Pou PRSen	က	10 SUMMER Concert at the Pool 2-5pm	SUMMER Concert at the Pool 2-5pm	SUMMER Concert at the Paol 2-5pm



August 2016 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	7	3 Bus to Market	4 Ridge Club	ĸ	9
7 SUMMER Concert at the Pool 2-5pm	8	6	10 Bus to Market	Compo Beach Bridge Club	12 Movie: Titanic	13
14 SUMMER Concert at the Pool 2-5pm	15	16	17 Bus to Market	Shopping: Danbury Bridge Club	19	20
21	22	23	24 Bus to Market	25 Bridge Club	26	27
28	29	30	31	Town of Pour PRSenio	Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com	ı Department, dge.com

Join the Pound Ridge Pool

Pound Ridge Seniors 62+ can join the pool for \$50 for the season.



Contact the Recreation
Department
for an application.
764-0947

Pool Open House

Join us for an open house at the pool

Sunday, June 12th

11: am—7pm
Free BBQ, live music & other activities



Sunday Concerts at the Pool

Every Sunday July 10th to August 14th 2-5 pm Free for pool members \$10 for all others



Ride the N2N bus in the

Memorial Day Parade

Join us as we honor those who served our country.

Monday, May 30th

The Parade starts at 12 noon at the Elementary school and marches to the Town Cemetery. After a ceremony the event moves to the Town Park where all are invited to a FREE BBQ lunch.

If you would like to join N2N in the parade and ride in the N2N bus give Louise a call.

Save the dates:

Thursday, October 27th N2N Halloween Luncheon





Thursday,
December 8th
N2N Holiday Luncheon





MISCELLANEOUS ITEMS:

Call Louise for more information on these items.

Golden Years Healing Foundation: A nonprofit corporation with the mission of providing alternative healing sessions such as massage and energetic healing at no cost. Call (914) 482-2860

Hair Cuts: We have a local women who is willing to come to your home to cut your hair. Charge varies.

Scrabble: If you regularly score over 300 on scrabble and are looking to play, a local senior gentleman is looking for a challenge.

eEbay: Do you have items that you want to sell. A volunteer is willing to either show you how to post your items for sale on eBay or will post them for you. Make some \$\$\$ and get rid of that clutter. No charge.

Therapy Dogs: There are few therapy dogs in Pound Ridge who would love to come spend some time with you. Call if you would like a visit. No charge.

Neighbor to Neighbor (N2N) Services:

- "Are you OK?" Call Reassurance Program
- Grocery Deliveries—Temporary assistance
- Rides to Scotts Corner Market each Wednesday
 - Medical Equipment Loans
 - Meals on Wheels—temporary assistance

For more information about these and other programs call Louise at (914) 764-8201, email PRSeniors@townofpoundridge.com or check us out online at: www.townofpoundridge.com



Suggestions and ideas are welcome!

We always welcome any ideas or suggestions on services, trips or events you would like to have.

Call or email Louise with your ideas.



Ride the N2N Bus to town

Ride the N2N Bus to do your chores in Scotts Corners. Each Wednesday we pick Seniors up at their homes and bring them to places in Scotts Corners to do their shopping.

Call on Tuesdays to sign up for the Wednesday service. 764-0947



To Register for a program or for Questions

Contact Louise Paolicelli (914) 764-8201

email: PRSeniors@townofpoundridge.com

Program Guidelines:

- Trips will be cancelled if there is not enough participation
- ♦ Trips are open to Pound Ridge Senior Residents and one guest
- Additional guests will be placed on a waitlist and are welcome if there is space available.
 - ♦ Some trips may charge additional fees for Non-residents.
- Non-Senior Pound Ridge adults will be placed on a waitlist and are welcome to join if there is space available.

Town of Pound Ridge Recreation Department Senior Programs Program Registration Form

This form must be completed to register for any program that requires payment. To register for programs that do not have a fee you may complete the form or call 764-8201 or email prseniors@townofpoundridge.com.

Name:	Phone:
Email:	-
Mailing address:	

Make checks payable to "Town of Pound Ridge"

Separate checks are required for each program

Mail to: Senior Programs, PR Recreation Department, 179 Westchester Avenue, Pound Ridge, NY 10576 For any programs that you are bringing a guest(s), please attach a list of your guest(s) names and phone numbers.

Event Date	Event/Trip	# of People	Cost per Person	Total Cost
May 11	Women's Seminar		No cost	
May 16	Chair Yoga		No cost	
May 19	Shopping— Danbury		No cost	
May 26	Lunch with Lisl		No cost	
June 2	NY Botanical Gardens Trip		\$20	
June 16	Shopping—Mt. Kisco		No cost	
June 23	Grace Farms		No Cost	
June 30	Philipsburg Manor		\$10	
July 7	Compo Beach		No cost	
July 14	Shopping— Norwalk		No cost	
July 21	N2N BBQ & Picnic		No cost	
July 28	WBT—Million Dollar Quartet		\$55	
August 11	Compo Beach		No cost	
August 18	Shopping— Danbury		No cost	
November 17	WBT -Saturday Night Fever		\$55	

Town of Pound Ridge Recreation Department Senior Programs 179 Westchester Avenue Pound Ridge, NY 10576 PRSRT STD U.S. Postage PAID White Plains, NY Permit NO. 7624

See inside for more details on:

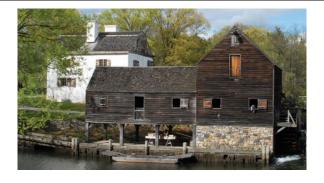
Philipsburg Manor Tour

Visit to the NY Botanical Gardens

Theatre Trips

Summer BBQ





Tour of Philipsburg Manor Sleepy Hallow, NY

Thursday June 30th 11:15 - 4:30

\$10 Per person for tour (Pay for your own lunch)

Step back in time to the year 1750. We will have a guided tour of the 300-year-old manor house, see the working gristmill, and visit the new-world Dutch Barn.

We will first go to lunch at a local restaurant. (Pay for your own lunch.)

Wear walking shoes—there are steps and uneven ground Depart from Town House Register by June 9th

If you need to be picked up at your home let us know

