

NRN

Town of Pound Ridge Neighbor to Neighbor Newsletter
Programs for Pound Ridge Seniors

Neighbor to Neighbor

Valentine's Day Meal



Pickup at Conant Hall or we will deliver to you at home!

Sunday, February 12, 2023

Happy
Valentine's
Day

Pickup or Delivery
2:00pm – 4:00pm

No charge

For Pound Ridge Seniors (65+)

Menu:

Lemon Chicken, Roasted Potatoes, Green beans Almondine
Valentine's Day Dessert

RSVP by February 1st to Louise at 764-8201 or
prseniors@townofpoundridge.com
Let us know if you are picking up or if you want it delivered.

Sponsored by the Town of Pound Ridge Recreation Department

Monetary donations are welcome and can be sent to:
Neighbor to Neighbor, Town of Pound Ridge,
179 Westchester Ave., Pound Ridge, NY 10576



**The Pound Ridge Recreation Department and
Neighbor to Neighbor
Invite our Seniors to a**

St. Patrick's Day Luncheon

For Pound Ridge Seniors

**Conant Hall
12 noon
Thursday, March 16th**



Corned Beef & Cabbage
Potatoes & Carrots
Irish Soda Bread
Beverages & Dessert

No Charge

RSVP required by March 2nd

Call Louise Paolicelli at 764-8201 or
email prseniors@townofpoundridge.com

Let us know if you need a ride



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179 Westchester Ave., Pound Ridge, NY 10576

For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.

Local Lunches

Join us to enjoy lunch out at a local restaurant.

Pay for your own lunch— must bring CASH

Thursdays once a month

Bus leaves from Town House at 12 noon

February 2

(RSVP by January 25th)

David Chen Chinese in Armonk



March 2

(RSVP by February 22nd)

Red Rooster in Ridgefield

April 20

(RSVP by April 12th)

The Beehive in Armonk



Recommended online newsletters

Here are some online newsletters you might want to subscribe to:

Town of Pound Ridge Weekly Supervisors News – www.townofpoundridge.com

PR Recreation Department Weekly Newsletter –
email dgoldberg@townofpoundridge.com to sign up

Neighbor to Neighbor emails for Pound Ridge Seniors – email prseniors@townofpoundridge.com to sign up

Westchester County Senior News – www.westchestergov.com/seniors



Out of Town Shopping on Thursdays

The N2N Bus will travel to various shopping areas outside of Pound Ridge

No charge for the bus ride

Please reserve a spot on the bus at least **one week** prior to the trip.

The Bus leaves from the Town House or we can pick you up at your home.

February 23rd Danbury

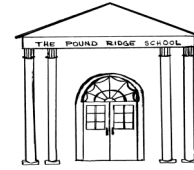
Depart 11:30 am Return 3:30 pm
Lunch, Christmas Tree Shop

March 30th Norwalk

Depart: 10:00 am Return 3:30 pm
Walmart, Homegoods, Lunch

April 27th Danbury

Depart 11:30 am Return 3:30 pm
Lunch, Christmas Tree Shop



Pound Ridge Elementary School Annual Senior Luncheon

Enjoy an afternoon of fine food,
great entertainment and fun with
friends.

12 noon

Thursday, May 25th

RSVP by May 11th
No charge

Location:
Pound Ridge Elementary School

**Let us know if you
need transportation.**



Please contact Louise Paolicelli at 914-764-8201 or PRSeniors@townofpoundridge.com with any questions or to register for programs.






For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.



January 2023 Neighbor to Neighbor Events For Pound Ridge Seniors

And other local events of interest









<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1	2	3	4  Café Conant 11-2	5	6	7
8	9 Chair Yoga 10-11	10	11  Café Conant 11-2	12	13	14
15	16 	17	18  Café Conant 11-2	19	20	21
22	23 Chair Yoga 10-11	24	25  Café Conant 11-2	26	27	28
29	30 Chair Yoga 10-11	31	<i>Town of Pound Ridge Recreation Department, Senior Services: 914-764-8201 PRSeniors@townofpoundridge.com</i>			



February 2023 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com		1  Café Conant 11-2	2 Local Lunch to David Chen Chinese	3	4
5	6 Chair Yoga 10-11	7	8  Café Conant 11-2	9	10	11
12 Valentine's Day Meal Delivery	13 Chair Yoga 10-11	14 	15  Café Conant 11-2	16	17	18
19	20 	21	22  Café Conant 11-2	23 Shopping: Danbury	24	25
26	24 Chair Yoga 10-11	28				



March 2023 Neighbor to Neighbor Events For Pound Ridge Seniors

N2N

And other local events of interest





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com			1  Café Conant 11-2	2 Local Lunches- Red Rooster Ridgefield	3	4
5	6 Chair Yoga 10-11	7	8  Café Conant 11-2	9	10	11
12	13 Chair Yoga 10-11	14	15  Café Conant 11-2	16 St. Patrick's Day Luncheon	17 	18
19	20 Chair Yoga 10-11	21	22  Café Conant 11-2	23	24	25
26	24 Chair Yoga 10-11	28	29  Café Conant 11-2	30 Shopping: Norwalk	31	



April 2023 Neighbor to Neighbor Events For Pound Ridge Seniors

And other local events of interest

N2N

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com</i></p>						
2	3 Chair Yoga 10-11	4	5  Café Conant 11-2	6  Café Conant 11-2	7	8
9	10 Chair Yoga 10-11	11	12 Café Conant 11-2	13	14	15
16	17 Chair Yoga 10-11	18	19  Café Conant 11-2	20 Local Lunches— The Beehive	21	22
23	24 Chair Yoga 10-11	25	26  Café Conant 11-2	27 Shopping: Danbury	28	29
30						

Neighbor to Neighbor (N2N) Services:

- ◆ “Are you OK?” - Call Reassurance Program
- ◆ Grocery Deliveries—Temporary assistance
- ◆ Rides to Scotts Corner Business District on the N2N Bus
 - ◆ Medical Equipment Loans
 - ◆ Meals on Wheels—temporary assistance

For more information about these and other programs call Louise at (914) 764-8201, email PRSeniors@townofpoundridge.com or check us out online at: www.townofpoundridge.com



Suggestions and ideas are welcome!

We always welcome any ideas or suggestions on services, trips or events you would like to have.

Call or email Louise with your ideas.



Ride the N2N Bus to town

Ride the N2N Bus to do your chores in Scotts Corners. We pick Seniors up at their homes and bring them to places in Scotts Corners to do their shopping.

This service is offered one day a week.
Call 764-8201 for more information.



To Register for a program or for Questions

Contact Louise Paolicelli (914) 764-8201

email: PRSeniors@townofpoundridge.com

Program Guidelines:

- ◆ Trips will be cancelled if there is not enough participation
- ◆ Trips are open to Pound Ridge Senior Residents and one guest
- ◆ Additional guests will be placed on a waitlist and are welcome if there is space available.
 - ◆ Some trips may charge additional fees for Non-residents.
- ◆ Non-Senior Pound Ridge adults will be placed on a waitlist and are welcome to join if there is space available.

Town of Pound Ridge Recreation Department Senior Programs Program Registration Form

This form must be completed to register for any program that requires payment.

To register for programs that do not have a fee you may complete the form or call 914-764-8201 or email prseniors@townofpoundridge.com.

Name: _____ Phone: _____

Email: _____

Mailing address: _____

Make checks payable to “Town of Pound Ridge”

Separate checks are required for each program

Mail to: Senior Programs, PR Recreation Department, 179 Westchester Avenue, Pound Ridge, NY 10576

For any programs that you are bringing a guest(s), please attach a list of your
guest(s) names and phone numbers.

Event Date	Event/Trip	# of People	Cost per Person
2/2/23	Lunch at David Chen Chinese		Pay for your own lunch
2/12/23	Valentines Meal Delivered to you		No Charge
2/23/23	Shopping: Danbury		Pay for your own lunch
3/2/23	Lunch at Red Rooster in Ridgefield		Pay for your own lunch
3/16/23	N2N St. Patrick's Day Luncheon		No Charge
3/30/23	Shopping: Norwalk		Pay for your own lunch
4/20/23	Lunch at the Beehive in Armonk		Pay for your own lunch
4/27/23	Shopping: Danbury		Pay for your own lunch
5/25/23	Lunch at Pound Ridge Elementary		No Charge



Café Conant All welcome

We provide the coffee, tea and conversation
You bring your lunch!

No Charge

Drop in anytime on Wednesdays
11:00 am to 2:00 pm

Bring your own lunch.
No RSVP necessary!



Location: Conant Hall, 257 Westchester Ave



Jigsaw Puzzle loans Available

500 to 1000 pieces

A large variety available—we have over 50 puzzles to select from

Contact Louise to borrow one, 914-764-8201 or
prseniors@townofpoundridge.com



Town of Pound Ridge Recreation Department
Senior Programs
179 Westchester Avenue
Pound Ridge, NY 10576

PRSRT STD
U.S. Postage
PAID
White Plains, NY
Permit NO. 490



See inside for
details on:

Local Lunches

Out of Town Shopping
to Norwalk & Danbury

Valentines Day Meal
Delivery

St. Patrick's Day
Luncheon



Chair Yoga

At Conant Hall
No Charge
Mondays 10:00 am



Wear comfortable clothes. There will be no class on Holidays.

To register call Louise at 914-764-8201

This special program will be presented by
Northern Westchester Hospital.

 **Northern Westchester Hospital**
Northwell Health®