

# Town of Pound Ridge

## RECREATION AND PARKS

Spring/Summer  
2019

SUMMERTIME



SUMMER  
CAMP



Pool Opens  
Saturday, May 25

Flag Football  
Combine Kick Off  
Saturday, June 22

Day Camp Begins  
Monday, July 1



Pound Ridge Recreation and Parks



# GENERAL INFORMATION



## TABLE

General Information....	2-3
Upcoming Events....	4-8
Pool....	9-11
Swim/Dive Team....	12-13
Pre Team & Swim Lessons....	14
Day Camp....	15-19
Sports and Fitness for All....	20- 24
Adult and Senior Programs....	25-27
Community Offerings....	28
General Park Information....	29
Library News and Events....	30-31
Office of Emergency Management....	32-35

## DEPARTMENT INFORMATION

**David Goldberg**, Recreation Superintendent  
Phone: (914) 764-3987  
dgoldberg@townofpoundridge.com

**Patty Marino**, Senior Office Assistant  
Phone: (914) 764-0947  
pmarino@townofpoundridge.com

**Louise Paolicelli**, Adult & Senior Services  
Phone:(914) 764-8201  
lpaolicelli@townofpoundridge.com

### Recreation Office Location and Hours

179 Westchester Avenue  
Pound Ridge, NY 10576  
Hours: Monday thru Friday 9:00am-4:30pm

## IMPORTANT NUMBERS

**EMERGENCY.... 911**



Police.... 764-4206  
Ambulance.... 764-4545  
Highway.... 764-5690  
Senior Services.... 764-8201  
Town House.... 764-5511  
Town Pool.... 764-5971  
Day Camp.... 764-8234

## RECREATION COMMISSION

Rich Wetchler-Chairman,  
Jody Sullivan-Town Board Liaison,  
Lincoln Cleveland, Dawn Davidson, Colette Dow,  
Dan McDonald, Van Muller, Matt Polinsky

### OPEN MEETINGS

The Recreation Commission meets  
in the Town House the second Monday  
of each month at 8pm (excluding holidays)

2019 Meetings:

April 15, May 13, June 10, July 8, August 12, September 9

# GENERAL INFORMATION

## Pound Ridge Town Board Members

Kevin C. Hansan, Supervisor & Chairperson –supervisor@townofpoundridge.com

Alison Boak, Deputy Supervisor –deputysupervisor@townofpoundridge.com

Daniel S. Paschkes –dpaschkes@townofpoundridge.com

Diane Briggs –dbriggs@townofpoundridge.com

Jody Sullivan –jsullivan@townofpoundridge.com

David Dow –ddow@townofpoundridge.com

Nicole Engel, Chief of Staff –chiefofstaff@townofpoundridge.com

**Town of Pound Ridge Website: [www.townofpoundridge.com](http://www.townofpoundridge.com)**

## COMMUNITY VOLUNTEERS

Volunteer Fire Dept. –info@poundridgefire.com

Ambulance Corps –prvac@optonline.net

Lions Club President Bonnie Schwartz –pronto@ix.netcom.com

Garden Club –poundridgegardenclub@gmail.com

Land Conservancy –Info@prlc.net

Historical Society –Info@poundridgehistorical.org

Pound Ridge Partnership –info@poundridgepartnership.org

Friends of Pound Ridge –friendsofpoundridge@gmail.com



## North East Westchester Special Recreation

North East Westchester Special Recreation, established in the early 1970's is a community based therapeutic recreation agency serving children and adults with developmental disabilities in the north east portion of Westchester County. North East is the second largest agency of its kind in the State of New York and has gained local and state-wide attention for the quality and novelty of programs and services. North East Westchester Special Recreation is a non-profit agency. North East receives funding from the New York State Office of Mental Retardation and Developmental Disabilities, municipal assessments, program fees and donations. Fund raising activities allows North East to expand upon the program options and offer programming to more individuals in need of services.

<http://www.northeastspecialrec.org>

# UPCOMING EVENTS

## Dates to Remember

- April 6- Egg Scramble (11am)
- May 5- Spring into Spring (9-3)
- May 25- Pool Opens (11am-7pm)
- May 27- Memorial Day Parade (12pm)
- June 2- Pool Open House & Concert (1-5pm)  
*Two's Company*
- June 5- Camp Staff Orientation (3:15-6:15pm)
- June 9- Poolside Concert (2-5pm)  
*Sand's of Time*
- June 12- Camp Parent Orientation (7-8pm)
- June 16- Poolside Concert (2-5pm)  
*Class Action*
- June 22- Flag Football Combine (1-4pm)
- June 23- Poolside Concert (2-5pm)  
*Ask Your Mom*
- June 29- 5K Road Race (9am)
- June 29- Independence Day Fireworks
- June 30- Poolside Concert (2-5pm)  
*Open Mic*
- July 1- First Day of Camp (9am)
- July 7- Poolside Concert (2-5pm)  
*The Bob Button Band*
- July 10- Movie in the Park (Sundown)  
*Hotel Transylvania 3*
- July 14- Poolside Concert (2-5pm)  
*Happy Crabs*
- July 21- Poolside Concert (2-5pm)  
*The Stone Hill Band*
- July 24- Movie in the Park (Sundown)  
*Sherlock Gnomes*
- July 28- Poolside Concert (2-5pm)  
*Falling Slowly*
- Aug. 4- Poolside Concert (2-5pm)  
*Andrea & the Armenian Rug Riders*
- Aug. 7- Movie in the Park (Sundown)  
*Finding Dory*
- Aug. 9- Last Day of Camp (9am)
- Sept. 2- Last day Pool is open (11am-7pm)



**EGG SCRAMBLE**  
**Date: Saturday April 6**  
**Time: 11am**  
**Location: PRES**

**Bring your baskets, find some eggs and take a picture with the Spring Bunny!**  
**Winners of the Egg Decorating Contest and Jelly Bean Count will be announced.**  
**Jelly Bean Count is located in the Library.**

**Egg Templates are available in the Recreation Office, Library & @www.townofpoundridge.com/recreation**



**MEMORIAL DAY**

**PARADE**

**Monday May 27**

The Parade will begin at noon at the Pound Ridge Elementary School, and march to the Town Cemetery. After the ceremony, the event moves to the Town Park.

# UPCOMING EVENTS

**Pound Ridge Recreation**

**Registration Opens March 1**

**FLAG FOOTBALL**

Combine **June 22nd**

**1-4pm**



**PLEASE NOTE:**

Early Bird Registration rates will end May 24.

Registration form on p. 21

<http://www.active.com/pound-ridge-ny/other-endurance/pound-ridge-flag-football-2019>

## Spring into Spring

**May 5**



**9-11am  
Family Fishing**

Scott's



**11am-1pm  
Pitch-Hit & Run**



**1-3pm  
Home Run Derby**

Contact the Recreation Dept. (914) 764-0947

**TOWN POOL  
OPEN HOUSE**

**Sunday June 2  
1-5pm**

Stop by the Pool and see what is going on!  
**FOOD, MUSIC, FUN!**

**FREE**

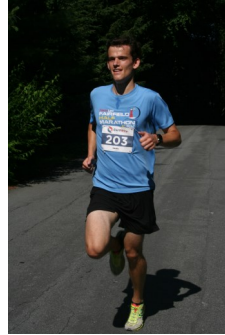
**FREE**

# UPCOMING EVENTS

## POUND RIDGE RECREATION ANNUAL 5K ROAD RACE



**Date: Saturday June 29**  
**Time: 9am**  
**Location: Pound Ridge Elementary School**



Race Day registration opens 8:00am  
Race begins at 9:00am  
Registration Fees:  
Adult: Before June 14-\$20.00  
After June 14-\$25.00  
Child: Before June 14-\$5.00  
After June 14-\$10.00

Registration form on page 23, [online@www.townofpoundridge.com/recreation](mailto:online@www.townofpoundridge.com/recreation),  
or directly at [www.my.racewire.com/event/6154](http://www.my.racewire.com/event/6154)

**POUND RIDGE  
INDEPENDANCE DAY  
CELEBRATION**

# **FIREWORKS**

**June 29**

**Parking Fees:**  
**Pound Ridge Residents: FREE**  
**Non-Residents: \$30.00 per car**  
**Parking permits will be available in the Town House (914) 764-5511**

# UPCOMING EVENTS

## Movies in the Park



**Wednesday Nights:**

**July 10 – Hotel Transylvania 3**

**July 24 – Sherlock Gnomes**

**August 7 – Finding Dory**

**FREE Popcorn (Courtesy of the PBA)**



## SUNDAY CONCERTS BY THE POOL 2-5pm

**Enjoy Sundays by the POOL!**  
Each band plays a unique collection of music that is great for dancing, singing or just sitting back and enjoying the entertainment!

**FREE to pool members.**  
**\$10.00 for Non-pool members.**  
**Residents and Non-Residents are welcome.**

**June 2-Two's Company**

**June 9-Sands of Time**

**June 16-Class Action**

**June 23-Ask Your Mom**

**June 30-Open Mic**

**July 7-Bob Button Band**

**July 14-Happy Crabs**

**July 21-Stone Hill Band**

**July 28-Falling Slowly**

**Aug. 4-Andrea & Armenian Rug Riders**

# Pound Ridge Recreation Volunteers

The Pound Ridge Recreation Department is offering outstanding volunteer opportunities to people of all ages looking to make a difference, need community service hours or just want to help with recreation events and programs. We strive to increase community involvement to enhance our recreation programs. By helping and assisting at youth/family events and sports games you will have the opportunity to meet great people, learn new and interesting things and feel good about yourself. Volunteer with a friend or relative and enjoy time together while helping others and leaving a lasting impact on the people and programs in Pound Ridge.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

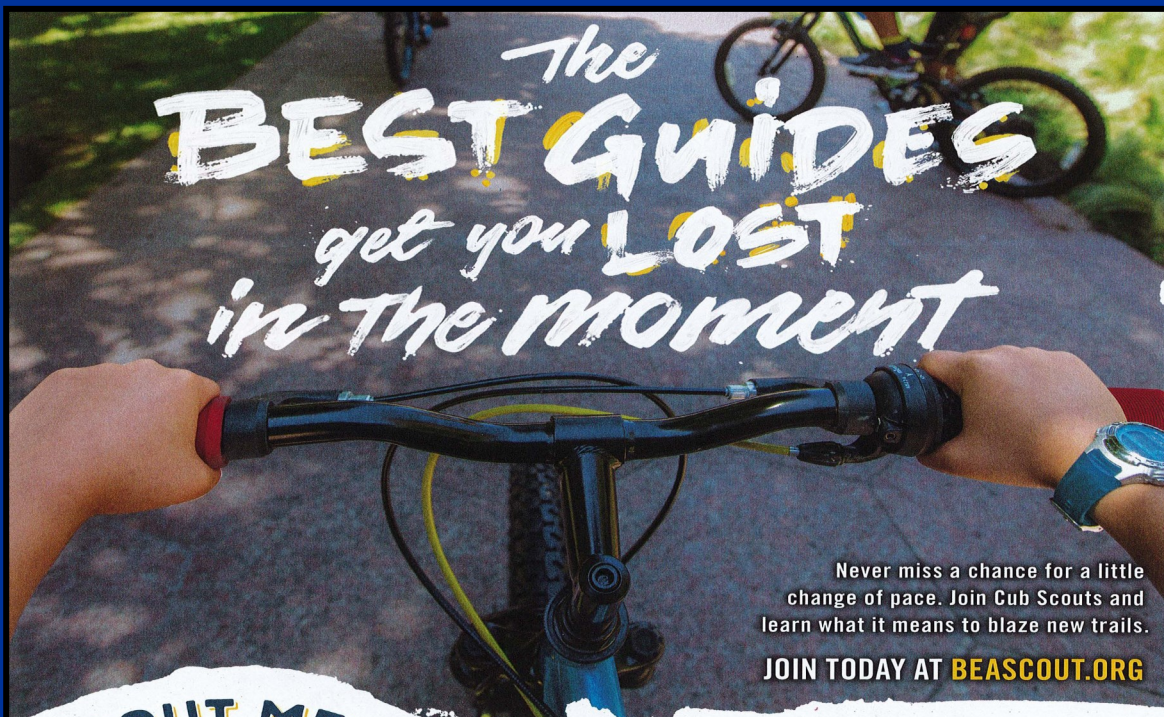
PHONE: \_\_\_\_\_ DOB: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SCHOOL (If applicable): \_\_\_\_\_ GRADE: \_\_\_\_\_

Mail to: Town of Pound Ridge

## Join Scouting!



Join in the **FUN** of Cub Scout Pack 170!!

Sign up at a Pack Meeting on the 2<sup>nd</sup> Wednesday of each month  
6:30-8:30PM at the Bedford Presbyterian Church, 44 Village Green

CUB SCOUTS IS OPEN TO ALL BOYS AND GIRLS  
IN KINDERGARTEN THROUGH 5<sup>TH</sup> GRADE

A Parent or Guardian must accompany you to the sign up night.

For more information contact Ed Steins at 914-924-0051 or email at ed.steins@earthlink.net



# 2019 POUND RIDGE TOWN POOL

Phone: (914) 764-5971

## POOL SCHEDULE 2019

Town Pool Opens  
May 25

May 25-June 22  
Open weekends only 11am-7pm

June 23-30  
Open daily 11am-7pm

July 1-31  
Open daily 11am-8pm

August 1-September 2  
Open daily 11am-7pm



Free Admission  
Memorial Day weekend  
May 25, 26 & 27  
And at the **OPEN HOUSE**  
June 2

## ID CARDS

All 2019 pool members (5 years and up) will be required to have a Recreation ID card to enter the pool complex. Cards are available at the Recreation Office.

Pictures may be taken

Monday thru Friday 9am-4pm.

You may email a photo

(face only) of each member to:

[pmarino@townofpoundridge.com](mailto:pmarino@townofpoundridge.com).

Do not dispose of your current ID card as there is no expiration date. The card will be reactivated once you have paid for your 2019 membership.

Card replacement fee: \$25.00

## SWIMMING LESSONS

Group and Private lessons are available through the Recreation Department. Swim lesson cards must be purchased in the Recreation Department.

### PRIVATE LESSONS

One Hour Lesson: \$50.00

Half Hour Lesson: \$30.00

### GROUP LESSONS

Three/2 week sessions (2 days a week)

\$50.00 per session

Monday/Wednesday

or

\*\*Tuesday/Thursday

Beginner 3:15-3:45 or 4:15-4:45

Intermediate 3:45-4:15 or 4:45-5:15

\*\*Session 1: July 1-11 (no class 7/4)

Session 2: July 15-25

Session 3: July 29-August 8

*\*\*Due to holiday on 7/4, The fee for Session 1 Tuesday/Thursday will be: \$37.50*

## POOL CLOSINGS

When necessary a decision may be made to close some or all the pools due to either weather or a shortage of certified lifeguard  
Pool house phone: (914) 764-5971

# 2019 RESIDENT POOL MEMBERSHIP

(Please Print) Primary Family Member

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

**Emergency Contact:** In case of an emergency and we are unable to contact the above, please designate someone who can be reached to act on behalf of applicant.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Resident Membership	Fee Prior to 2/1	By 6/02	After 6/02
***Family	\$250.00	\$300.00	\$400.00
New Family (or non member 5 years or more)	\$200.00	\$200.00	\$300.00
Couple	N/A	\$270.00	\$350.00
Individual	N/A	\$180.00	\$250.00
Senior (62+)	N/A	\$50.00	\$50.00
Live in Nanny/Au Pair	N/A	\$165.00	\$165.00
10 Guest pass card	N/A	\$50.00	\$50.00

## RESIDENT GUEST PASS

Resident guest pass cards may be purchased in the Recreation Department, by Pool Members ONLY! Member's must accompany their guests to the pool.

**Resident Gate Fee:**  
 Resident fee at gate: \$10.00  
 Children 10 & under: \$5.00  
 PR Senior gate fee: \$5.00

**\*\*\*FAMILY MEMBERSHIP INFORMATION: A FAMILY MEMBER IS DEFINED AS A COUPLE AND/OR SINGLE PARENT AND THEIR UNMARRIED CHILDREN 25 AND UNDER LIVING IN THE SAME HOME!**

Family Member	DOB	Relation	Family Member	DOB	Relation

PAYMENT: CASH \_\_\_ CHECK \_\_\_ MC \_\_\_ VISA \_\_\_ DISCOVER \_\_\_ AMEX \_\_\_ TOTAL \$ \_\_\_\_\_  
 Make checks payable to; Town of Pound Ridge. Mail to; 179 Westchester Ave. Pound Ridge, N.Y. 10576

**General Waiver:** I hereby for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission Members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# 2019 NON-RESIDENT POOL MEMBERSHIP

(Please Print) Primary Family Member

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

**Emergency Contact:** In case of an emergency and we are unable to contact the above, please designate someone who can be reached to act on behalf of applicant.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Non-Resident Membership	Fee Prior 2/1	After 2/1
<b>***Non-Resident Family</b>	\$750.00	\$875.00
Non-Resident Couple	N/A	\$650.00
Non-Resident Individual	N/A	\$530.00
Non-Resident Senior Couple	N/A	\$450.00
Non-Resident Senior Individual (62+)	N/A	\$275.00
Non-Resident's Nanny/Au Pair	N/A	\$165.00
10 Guest pass card	N/A	\$110.00

**Guest Pass Cards**

Non-Resident guest pass cards may be purchased in The Recreation Department by Pool Members ONLY! Pool members must accompany their guests to the pool.

**Fee at Gate accompanied by a Pool member: \$15.00 (all ages)**

**\*\*\*FAMILY MEMBERSHIP INFORMATION: A FAMILY MEMBER IS DEFINED AS A COUPLE AND/OR SINGLE PARENT AND THEIR UNMARRIED CHILDREN 25 AND UNDER LIVING IN THE SAME HOME!**

Family Member	DOB	Relation	Family Member	DOB	Relation

**PAYMENT: CASH \_\_\_ CHECK \_\_\_ MC \_\_\_ VISA \_\_\_ DISCOVER \_\_\_ AMEX \_\_\_ TOTAL \$\_\_\_\_\_**  
**Make checks payable to; Town of Pound Ridge. Mail to; 179 Westchester Ave. Pound Ridge, N.Y. 10576**

**General Waiver:** I hereby for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission Members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# SWIM AND DIVE TEAM

## Pound Ridge Dolphins /Swim and Dive Team

Being part of a competitive swimming and diving team is a wonderful way to develop character, discipline and confidence. The Pound Ridge Swim and Dive Team “The Dolphins” are members of the Northern Westchester Swimming Conference Division 1. Pound Ridge Swim and Dive Team offers a fun and rewarding environment in which to develop technique and greater understanding of competing.

For more information contact: Coach Melissa Trail @ [prdolphins@gmail.com](mailto:prdolphins@gmail.com).

### Who can try out for the Team?

Anyone between the ages of 5 and 18, and has a current Pound Ridge Town Pool membership.

To be on the

#### SWIM TEAM

**You Must be able to swim the length of the competition pool with their head in the water with a basic stroke, unassisted, unsupported & without stopping. Tryouts for new and novice swimmers will be held preseason, dates TBA.**

To be on the

#### DIVE TEAM

**You Must be able to dive, (not jump!) off the diving board. YES, that's it! Our coaches will do the rest to teach you the dives you need to compete.**

### Swim/Dive Team Practice

Daily afternoon practice for all swimmers.

Daily late afternoon for divers.

Times and duration of all practices depend upon age and ability. Attendance is strongly recommended! Practices are designed to improve techniques and stamina.

Team members should attend as often as possible.

### Pound Ridge Swim and Dive Team Registration

Swim Conference rules require all Swim/Dive Team members have a

#### **Pound Ridge Town Pool Membership!**

Team members cannot attend practice, swim or dive at meets unless they have first paid team dues and acquired a Town Pool Permit. All payments must be made through the Recreation Department.

### How often does the Team Compete?

There are different types of meets to provide all ability levels with an opportunity to experience the fun of the swim/dive meet environment. Every swimmer and diver is eligible to participate in at least two or three fun meets during July. These meets offer ribbons and encouragement to even the least experienced team members, they also offer the valuable experience of the meet environment for all swimmers and divers. There are five competitive Divisional meets during the regular season (and end-of-season Championships during the first week of August for those who qualify.)

The outcome of these meets determines the Team's divisional placement for the season.

Participation is at the discretion of the coaches and depends in part on the swimmer's age and technical ability.

***Competition pool will be closed to the public during meets.***

# SWIM AND DIVE TEAM

(Please Print) Primary Adult/Parent/Guardian

Name: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**VOLUNTEERS ARE DESPERATLY NEEDED TO KEEP THE SWIM/DIVE TEAM **ALIVE!****

- Check box to volunteer!
- In registering all swimmers, divers and parents agree to abide by the Code of Conduct. Please check the box to accept these terms. (Code is available at the Recreation Department.)
- Check here if you have a Town Pool Membership.

### Pound Ridge Swim and Dive Team Registration

*Swim Conference rules* require all Swim/Dive Team members have a ***Pound Ridge Town Pool membership!***

Team members cannot attend practice, swim or dive at meets unless they have first paid team dues and acquired a Town Pool Permit. All payments must be made through the Recreation Department.

### Swim and Dive Fees:

**\$125.00** per swimmer/diver.

Registrants can swim and dive for one fee. The fees fund swim and dive meets and other team events. All registrants receive an end of season award and team t-shirt.

Last Name	First Name	M/F	Grade <small>As of 7/1/19</small>	DOB	T-Size	Team

***Make checks payable to: Pound Ridge Swim and Dive Team.***

***Total Due: \$\_\_\_\_\_***

**General Waiver:**

I hereby, for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission Members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Pre-Team

## To be on the Pre-Team:

**Swimmers must have tried out for the Swim Team, are in need of additional swim instructions, and have been pre-approved to join by the Swim Coach.**  
**Swimmers must be pool members.**

**6 Weekly Sessions: Monday—Thursday**  
**8:00-8:45am**

**This program provides instructions, and the opportunity to learn proper stroke techniques for swimmers who have tried out for the Swim Team. It is a fee-based program taught by swim coach Melissa Trail. Swimmers who begin the season in Pre-Team swim, may graduate to the Swim Team, at the suggestion of the Instructors.**

## Pre Team Schedule

**\*Session 1: July 1-5**  
**Session 2: July 8-11**  
**Session 3: July 15-18**

**Session 4: July 22-25**  
**Session 5: July 29-August 1**  
**Session 6: August 5-8**

**Weekly Fee: \$50.00**

**\*Due to the Holiday classes will be Mon. Tues. Wed. and Fri.**

[prdolphins@gmail.com](mailto:prdolphins@gmail.com)

Parent Name: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_  
Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Cell: \_\_\_\_\_  
Email: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Circle Session(s): Session 1   Session 2   Session 3   Session 4   Session 5   Session 6

Check here if you have a Town Pool Membership.

**TOTAL \$ \_\_\_\_\_**

### General Waiver:

I hereby, for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission Members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **POUND RIDGE DAY CAMP**

**CAMP PHONE: (914) 764-8234**

## **New Regular Day Hours!!**



## **9:00am-3:00pm**

**Monday July 1- Friday August 9**

**No Camp-Thursday July 4 and Friday July 5**

**Location: Town Park (Rain location at PRES)**

**Time: 9am-3pm (regular day) 9am-4pm (extended day)**

### **CAMP STAFF**

**Camp Director:**

Jeff Nurenberg

**Camp Assistant Directors:**

Victor Velez, Jackie Grasso & Julia Baronti

**Tot Camp Directors:**

Lena Nurenberg & Jen Saldutti

### **ORIENTATION**

**STAFF:** Wednesday June 5

3:15-6:15

@FLHS cafeteria

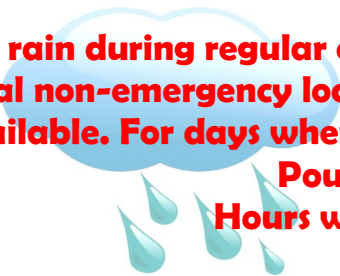
**PARENT:** Wednesday June 12

7:00-8:00pm

@PRES

### **RAIN POLICY**

**Heavy rain during regular camp hours will require you to pick your camper up. Several non-emergency local contacts must be arranged if you are not readily available. For days when camp is called before 9am, camp will be held at Pound Ridge Elementary School. Hours will be the same as a regular day.**



## **Pound Ridge Camp Motto: "DON'T STAND BY STAND UP!"**

**Pound Ridge Day Camp is for children in grades Pre-K thru 8th.**

**Tot Camp children must be three years old by July 8, 2019 and be fully potty trained.**

**K Campers must be five years old by September 1, 2019.**

**Our Camp provides a variety of activities and events to foster personal growth, physical fitness, group responsibility and independence in a fun filled, safe, well supervised setting. Activities include: baseball, gaga, field games, swimming, art and crafts, tennis, sand volleyball, nature, fishing, science, dancing and so much more! Children will enjoy special events and entertaining guests all summer. Fun filled THEME days are always a hit! At an additional cost children can sign up for our super fun Specialty Camps or go on Friday Field Trips. To wrap it all up, at the end of our camp season, kids will have a blast on CARNIVAL DAY!**

# POUND RIDGE DAY CAMP

Our Camp offers something for everyone! Each day is packed with exciting events, special guests, entertainment, sports, Music, swimming, fishing and so much more! We are always looking for new and exciting things to do with our campers! NEW this year is our optional specialty camp; Journalism!

Some activities are: **FISHING IN THE POND**, **SWIM INSTRUCTION**, **CRAFTS, GAMES & ADVENTURE SPORTS**.

SPECIALTY GUESTS: Birds of Prey, Clown Entertainment Animal Embassy, Musical Entertainment, Story Telling and more...

FUN DAYS: Super Hero Day, Crazy Hat Day, Halloween Day, Pizza and Ice Pop Day, Field Day, Bike Day, Crazy Sock Day, Pajama Day, and of course.....Carnival Day: August 1

## OPTIONAL SPECIALTY CAMPS

**Specialty Camp fees: Camper \$65.00 Non-camper \$100.00**

All Campers must pack a snack, water and sunscreen to all sessions. Our mini camps are weekly programs offered during day camp hours at the Town Park. These mini camps are open to full time campers as well as children who are not enrolled in the camp. Please note that program schedules vary for each camp.

See each camps individual profile and schedule. Programs are broken into AM and PM sessions.

### **MIXED MEDIA ART CAMP: Grades K-8 (JULY 15-18)**

Campers will learn the techniques for making artwork, collage and image transfer, printmaking and creating an art journal.

### **JOURNALISM CAMP: Grades 2-8 (JULY 22-25)**

Campers will have fun creating the first Pound Ridge Camp newspaper. They will participate in all aspects of the process!

## FRIDAY FIELD TRIPS

All Campers K-8th grade are welcome to participate. There will be no regular day camp on these days. Please register early so the proper staffing arrangements can be made. Parent volunteers are welcome, however, transportation and trip costs are not provided for non-staff chaperones.

Transportation busses will pick up/drop off children in the Town Park.

Children must be in the Town Park parking lot 15 minutes prior to departure time.

REGISTRATION CLOSES FRIDAY – One week before each trip.

REGISTER EARLY!!

**JULY 12- The Cliffs**

The Cliffs: (914) 328-7625

**JULY 19- Grand Prix**

Grand Prix: (914) 241-3131

**JULY 26- Splashdown**

Splashdown: (845) 897-9600

**AUGUST 2- Sportime USA Grades K-2**

Sportime USA: (914) 592-2111

**AUGUST 2- Boundless Adventures Grades 3-8**

Boundless Adventures: (914) 893-4550

**NO REFUNDS OR TRANSFERS OF REGISTRATION WILL BE ALLOWED.**



# 2019 POUND RIDGE DAY CAMP

CAMPER'S NAME: \_\_\_\_\_ GRADE \_\_\_\_\_

<b>Tot Camp</b> Activity #3003-TT Mon. thru Thurs. 9-12pm	<b>Before May 15</b> →	Res. \$500 _____ Non Res. \$700 _____	<b>After May 15</b> →	Res. \$600 _____ Non Res. \$800 _____
<b>DAY CAMP</b>	<b>Before May 15</b>	<b>Before May 15</b>	<b>After May 15</b>	<b>After May 15</b>
	<b>Regular Day</b> 9-3pm	<b>Extended Day</b> 9-4pm	<b>Regular Day</b> 9-3pm	<b>Extended Day</b> 9-4pm
<b>Kindergarten</b> Activity #3003-K	Res. \$800 _____ Non Res. \$985 _____	Res. \$990 _____ Non Res. \$1,225 _____	Res. \$900 _____ Non Res. \$1,085 _____	Res. \$1,090 _____ Non Res. \$1,325 _____
<b>1st thru 8th Grades</b> Activity #3003-(1-8)	Res. \$680 _____ Non Res. \$860 _____	Res. \$835 _____ Non Res. \$1,065 _____	Res. \$780 _____ Non Res. \$960 _____	Res. \$935 _____ Non Res. \$1,165 _____
<b>C.I.T</b> 15 by start of Camp Activity #3003-CT	Res. \$150 _____ Non Res. \$250 _____	<b>*CAMP POOL USE FEE:</b> 1st thru 8th grade Non-pool members must pay the pool use fee. <i>Campers may use the pool during Day Camp only!</i>		
<b>*Pool Use Fee</b> Grades 1-8	\$190.00 _____			

<b>SPECIALTY CAMPS</b> Choose by Grade	<b>Dates</b>	<b>Camper Fee \$65.00</b>	<b>Non Camper Fee \$100.00</b>
<b>Mixed Media</b> Grades K-3 Activity #3007-C(K-3)	<b>July 15-18</b> 9:00am-11:30am	Session 1 _____	Session 1 _____
<b>Mixed Media</b> Grades 4-8 Activity #3007-C(4-8)	<b>July 15-18</b> 12:00-2:30pm	Session 2 _____	Session 2 _____
<b>Journalism</b> Grades 2-5 Activity #3007-B(2-5)	<b>July 22-25</b> 9:00am-11:30am	Session 1 _____	Session 1 _____
<b>Journalism</b> Grades 6-8 Activity #3007-B(6-8)	<b>July 22-25</b> 12:00-2:30pm	Session 2 _____	Session 2 _____

AMOUNT DUE:

Camp \$ \_\_\_\_\_

Pool use fee \$ \_\_\_\_\_

Specialty Camps \$ \_\_\_\_\_

Field Trips \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

<b>FRIDAY FIELD TRIPS</b>	<b>DATES</b>	<b>FEE</b>	<b>WEBSITE</b>
<b>The Cliffs: Grades K-8</b> (lunch <b>NOT</b> included)	July 12	\$60.00	<a href="https://thecliffsclimbing.com">https://thecliffsclimbing.com</a>
<b>Grand Prix: Grades K-8</b> (lunch included)	July 19	\$65.00	<a href="https://www.gpny.com">https://www.gpny.com</a>
<b>Splashdown: Grades K-8</b> (lunch included)	July 26	\$60.00	<a href="https://splashdownbeach.com">https://splashdownbeach.com</a>
<b>Sportime USA: Grades K-2</b> (lunch included)	Aug. 2	\$60.00	<a href="https://www.sportimeusa.com">https://www.sportimeusa.com</a>
<b>Boundless Adventures: Grades 3-8</b> (lunch <b>NOT</b> included)	Aug. 2	\$60.00	<a href="https://boundlessadventures.net/ny-park">https://boundlessadventures.net/ny-park</a>

# DAY CAMP REGISTRATION

CAMPER'S NAME: \_\_\_\_\_ FEMALE \_\_\_\_\_ MALE \_\_\_\_\_

PARENT'S NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE: (as of Sept. 2019) \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

CHILD'S HEALTH ISSUES: (i.e. asthma, allergies) \_\_\_\_\_

Medicine to be taken, prescription *and over the counter*: \_\_\_\_\_

A doctor's note must accompany each medication.

Each medication must be in the original packaging and have the camper's name clearly marked on it.

**\*\*Mandatory\*\* No child will be registered for camp without proof of immunizations!**

VACCINE	DATE	DATE	DATE	DATE	DATE
Diphtheria / Tetanus / Pertussis (DTaP/DTP/Tdap) – Up to 5 doses	/ /	/ /	/ /	/ /	/ /
Tetanus / Diphtheria/ Pertussis booster (Tdap) – Up to 1 dose (Grades 6 – 12)	/ /	/ /	/ /	/ /	/ /
Polio (IPV/OPV) Up to 5 doses	/ /	/ /	/ /	/ /	/ /
Measles / Mumps / Rubella (MMR) Up to 2 doses req. by age 7	/ /	/ /	/ /	/ /	/ /
Hepatitis B 3 doses required	/ /	/ /	/ /	/ /	/ /
Varicella (Chickenpox) Up to 2 doses	/ /	/ /	/ /	/ /	/ /
Haemophilus influenza type b (Hib) Up to 4 doses	/ /	/ /	/ /	/ /	/ /
Pneumococcal Conjugate Vaccine (PCV) – Up to 4 doses	/ /	/ /	/ /	/ /	/ /

INSURANCE COMPANY NAME: \_\_\_\_\_ ID# \_\_\_\_\_

## 2019– CAMPER OFF SITE PERMISSION SLIP, SUNSCREEN APPLICATION, AND GENERAL WAIVER

New York State Department of Health Camp Code Regulations require that we have every camper who attends any Pound Ridge Recreation & Parks Camp, fill out the following permission slip, including a parent signature. My signature below gives permission for my child \_\_\_\_\_, to carry and use sunscreen and/or insect repellent, and for camp staff to help apply it if my child is unable to do so themselves. I give permission for my child to participate in all activities and to attend all off site trips (any trip outside of camp grounds) which include but are not limited to the TOWN PARK POOL, AQUATICS, AMUSEMENTS PARKS AND ACTIVITIES, NATURE CENTERS, ZOOS, AMUSEMENTS PARKS AND MOVIE THEATERS. I understand that he/she will be accompanied by the Pound Ridge Recreation & Parks Department employees and its camp staff on all of these trips. I hereby, for myself, my children, my heirs, executors and administrators, waive and release any and all rights and Claims for damages against the Town of Pound Ridge, its Commission members Employees, Representatives and volunteers, for any and all injuries suffered by me or my children at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# Summer Fun TOT CAMP



## TOTS 3 & 4 YEARS OLD

**Must be 3 by 7/8/19 and fully potty trained!**

***Space is limited to the first 24 Children registered.***

**Tot Camp fees:**

**\$500.00 Resident/\$700.00 Non-Resident**

**Add \$100.00 after May 15**

## July 8-August 1

**Monday-Thursday**

**9am-12pm**

**Location: Pound Ridge Town Park**

**No camp Thursday July 4**

**Camp Directors: Lena Nurenberg and Jennifer Saldutti**  
**Early childhood education teachers.**

**Parent Orientation: Tuesday July 2, 9am @ the Town Park**

# SPORTS AND FITNESS FOR ALL

## TENNIS COURT PERMIT

Our beautiful Tennis Courts are open year round.  
Players must be 18 and older and have a 2019 tennis permit to use the courts. Singles players are entitled to one hour of play & double players one and a half hours.

### 2019 Tennis Permit Fees:

Resident Individual (18-61)	\$45.00
Resident Family	\$80.00
Senior (62 and older)	\$30.00
Non-Resident Individual and/or Family (with Pool permit only)	\$100.00

Available in the Recreation Office (914) 764-0947

## TENNIS LESSONS

Adult & Youth Tennis Lessons available with Tennis Pro Kevin Cunniff

### ADULT LESSONS

April 15-May 22

6 weeks/one day a week

\$120.00 Session

Beginner 10-11am

Intermediate 11-12pm

Monday 4/15,4/22,4/29,5/6,5/13,5/20

Tuesday 4/16,4/23,4/30,5/7,5/15,5/21

Wednesday 4/17,4/24,5/1,5/8,5/16,5/22

Youth and Private Lessons are also available.

For more information call Recreation Office (914) 764-0947



FREE!

Location: Conant Hall  
Monday 9:15-10:15am  
NWH Instructor

Contact Louise Paolicelli  
(914) 764-8201

Immediately after class  
join us for

**CAFÉ CONANT**

Complimentary  
Coffee or Tea  
10:30-11:00am

## POUND RIDGE YOGA

Yoga with a twist!

Location: Conant Hall

Each class is 45 minutes

Sundays 9:15am-10:30am

Wednesdays 6:15-7:30pm

Instructor: Karen McInerney

(914) 588-3520

karenmcinerney3@gmail.com

\$15.00 a class



ZUMBA Express combines Zumba Fitness routines with intervals of Strength Training, Kickboxing and/or Step to build muscle and burn calories FAST. All Fitness Levels Welcome!

First Class is FREE! So Come Join us Today...

Class Card \$120/10 Classes + 1 FREE or \$12 per Class

Monday Evenings: 7:30-8:30pm

Saturday Mornings: 8:30-9:30am

Conant Hall

257 Westchester Avenue

Pound Ridge, NY 10576

Class taught by Patti Larkin who has been certified to teach Zumba for over 10 years!

e-mail: [pcoviell@yahoo.com](mailto:pcoviell@yahoo.com)

# SPORTS AND FITNESS FOR ALL

**SPRING SIGN UP FOR FALL**  
**POUND RIDGE FLAG FOOTBALL**  
 Grades 1-6th/PRIDE DIVISION  
 Grades 7-9th/TOURNAMENT DIVISION  
 Players must be no older than 14 by July 31, 2019  
**Combine Kick-Off JUNE 22**  
 Location: Pound Ridge Town Park

**\*Early Bird Rates before May 24**

<b>Resident *\$120.00</b>	<b>After May 24 \$220.00</b>
<b>Non-Resident *\$150.00</b>	<b>After May 24 \$250.00</b>

Register online:  
[www.active.com/pound-ridge-ny/other-endurance/pound-ridge-flag-football-2019](http://www.active.com/pound-ridge-ny/other-endurance/pound-ridge-flag-football-2019)

**For more information contact the Recreation Department (914) 764-0947**



**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Emergency Contact: In case of an emergency and we are unable to contact the above, please designate someone who can be reached to act on behalf of applicant.**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

Players Name	Age	DOB	M/F	Grade a/o Sept. 2019	Shirt Size	Fee

**Make checks payable to Town of Pound Ridge, and mail to 179 Westchester Ave. Pound Ridge, NY 10576**

General Waiver: I hereby, for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission Members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# SPORTS AND FITNESS FOR ALL



**BEDFORD POUND RIDGE  
BPR  
BASEBALL ASSOCIATION**

**OPENING DAY APRIL 13**  
@Pound Ridge Town Park

[www.bprba.org](http://www.bprba.org)

Register online @ [bprba.sportngin.com/register/form/737422151](http://bprba.sportngin.com/register/form/737422151)



## SPRING 2019 LACROSSE SEASON April 1<sup>st</sup> - June 2nd

**GIRLS & BOYS, Grades K-8**

Learn the fundamentals of lacrosse  
Join us for the teamwork,  
competition and **FUN!**  
**REGISTER NOW!**

[www.foxlaneyouthlacrosse.com](http://www.foxlaneyouthlacrosse.com)

*K-1<sup>st</sup> grade boys will receive a stick with registration*

**email: [foxlaneyouthlacrosse@gmail.com](mailto:foxlaneyouthlacrosse@gmail.com)**

Financial scholarships available.  
email: [flylfinance@gmail.com](mailto:flylfinance@gmail.com)

## Bedford Youth Soccer Club

### Bedford Youth Soccer Club

Offers instructional in-house &  
competitive travel programs for children  
ages 4-13+. BYSC programs are offered  
throughout the year;  
Winter, Spring, Summer and Fall.

For more information visit

[www.bedfordyouthsoccer.org](http://www.bedfordyouthsoccer.org)

**Email: [bedfordsoccer1@gmail.com](mailto:bedfordsoccer1@gmail.com)**

# SPORTS AND FITNESS FOR ALL

## The Pound Ridge 5K Road Race

**When:** Saturday, June 29, 2019  
9:00 AM (5K)  
10:00 AM-11:00 AM (Kids' Races)



**Starting Points: 5K :** Pound Ridge Elementary School (PRES)

**Kids:** Pound Ridge Town Park

Start on Route 172, left on Rte. 137, right on Rte. 124, a right on Trinity Pass, a right on Landt Lane, a left on Indian Hill, a left on Fox Run, a right on East Woods, bear right on Fancher, a right on Westchester Avenue to the Pound Ridge Town Park.

Register online @ <https://my.racewire.com/event/6154>

**Name:** \_\_\_\_\_ **Age on 6/29/2019** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Town:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Event:** (Circle one) 5K Kid's Races

**Sex:** (Circle one) Male Female

**Shirt Size:** (Circle one) **Adult:** S M L XL XXL

**Children:** S M L

**Fees: Before June 14<sup>th</sup> -5K Race \$20.00; Kid's Races \$5.00**

**After June 14<sup>th</sup> 5 K \$25.00; Kid's Races \$10.00**

The first 150 registered will receive a T-shirt and a pint glass. Registration forms are available at the Pound Ridge Recreation Office (764-0947). Runner's numbers will be available at the registration table at PRES for the 5K and the Town Park for Kids' Races. The registration table will open at 8:00 AM at Pound Ridge Elementary School on Race Day.  
**Wheelchairs will be allowed!**

Make checks out to: Town of Pound Ridge

Mail To: Pound Ridge Recreation, 179 Westchester Ave., Pound Ridge, NY 10576

Please read and sign this waiver;

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, Heirs, executors, and administrators, waive and release any and all rights and claims of damages I may accrue against the directors and operators of the Pound Ridge 5K Race & Kids race, their successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace or walk event, that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I hereby grant full permission to any and all of the foregoing to use photograph, recordings, or any other record of this event for any legitimate purpose.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

SPRING



SUMMER

US Sports Institute email: [info@ussportsinstitute.com](mailto:info@ussportsinstitute.com)


In association with the Town of Pound Ridge Recreation Dept.

Spring Weekly Classes	Site	Day	Dates	Time	Age	Price
Parent & Me Soccer	Sachs Park	Sat	4/13-6/15	9-10AM	2-3	\$159
Soccer	Sachs Park	Sat	4/13-6/15	10-11AM	3-5	\$159
Multi Sports	Sachs Park	Sat	4/13-6/15	11-12pm	3-5	\$159
Multi Sports	Sachs Park	Thu	4/25-6/13	4-5PM	3-5	\$159
Soccer	Sachs Park	Thu	4/25-6/13	5-6PM	3-5	\$159

Summer Weekly Classes	Site	Day	Dates	Time	Ages	Price
Parent & Me Soccer	Sachs Park	Sun	6/30-8/4	8:30-9:30AM	2-3	\$129
Soccer	Sachs Park	Sun	6/30-8/4	9:30-10:30AM	3-5	\$129
Multi Sports	Sachs Park	Sun	6/30-8/4	10:30-11:30AM	3-5	\$129

Camps	Age Group	Site	Day	Dates	Time	Price
Multi Sports Camp	5-8 & 8-11	Pound Ridge Park	Mon-Thu	8/19-8/22	9:00AM-12:30PM	\$179
Multi Sports Camp	5-8 & 8-11	Pound Ridge Park	Mon-Thu	8/19-8/22	1:00-4:00PM	\$139
Multi Sports Camp	5-8 & 8-11	Pound Ridge Park	Mon-Thu	8/19-8/22	9:00AM-4:00PM	\$209

Programs and Camps are for Girls and Boys ages 2-11 All abilities



OFFICIAL NIKE PARTNER CAMP

Visit us online for full class details, learning objectives and more!

[USsportsinstitute.com](http://USsportsinstitute.com)

Register online or by phone: (866) 345-BALL



For more information contact Ralph Blessing [rblessing@playtga.com](mailto:rblessing@playtga.com) or (914) 325-2623

 TGA Premier Sports  
 @TGA Premier Sports

# GOLF AND TENNIS CLASSES

at Pound Ridge Town Park

**LEARN FUNDAMENTAL SKILLS & PLAY!**

Come play - we bring the golf course and tennis court to you! Beginner and intermediate players will have a blast building their skills, learning about the rules and etiquette of the games, and exploring how academic concepts like gravity, spin, and force apply to golf and tennis through fun games and activities.

Sign up online Today: [northernwestchester.playtga.com](http://northernwestchester.playtga.com)

SPORT	START DATE	START TIME	CLASSES	PRICE
Golf: Gr. 3-5	April 30	5-6:00pm	6 weeks	\$150
Golf: Gr. 6-8	April 30	6-7:00pm	6 weeks	\$150
Golf: Gr. K-2	April 30	4-5:00pm	6 weeks	\$150
Tennis: Gr. 3-5	May 2	5-6:00pm	6 weeks	\$150
Tennis: Gr. 6-8	May 2	6-7:00pm	6 weeks	\$150
Tennis: Gr. K-2	May 2	9-10:00am	6weeks	\$150
Camp	April 22	*9:00am	4 Days	\$249

\*Spring Break Camp: Monday-Thursday (Rain Date: Friday)  
9:00am: Tennis | 11:45am Lunch | 12:15pm Golf  
After School Golf on Tuesdays | After School Tennis on Thursdays  
JOIN THE FUN—SIGN UP TODAY!



# NEIGHBOR TO NEIGHBOR (N2N) & SENIOR CITIZEN PROGRAMS

Coordinator: Louise Paolicelli;

Phone: (914) 764-8201 Cell: (914) 447-0021

Email: prseniors@townofpoundridge.com

If you would like to be added to our Senior Citizen mailing list to receive the N2N newsletter and notice of upcoming trips and events, please contact Louise. N2N is a volunteer organization which offers services to neighbors in need. Services include the Meals Program and transportation to medical appointments for residents temporarily unable to provide for themselves.

Services Include:

Special events, Free Holiday lunches, movies, trips to the Casino, and so much more.

Call to find out all we have to offer!

## FILE OF LIFE

The, "file of life" pouch contains a form with your medical information. Emergency personnel would use this as reference during a medical emergency. The free kit also includes a wallet size version. Pick one up at the Town House. *\* You are required to carry your file of life card on any Town sponsored trip.*

## GROCERY SHOPPING

### EVERY WEDNESDAY IS SENIOR DAY

@ Scotts Corners

If you can no longer drive, we will pick you up and take you to Scotts Corner so you can get all your errands done. No FEE for this service but you do need to register the Tuesday before. If you cannot shop for your own groceries, provide us with a list of what you need and we will arrange with a volunteer to shop for you at The Market and deliver them to your home.

## Medical Equipment Loans

Wheel chairs, walkers, commodes, canes and more. We have some gently used medical equipment that you can borrow at no cost. Give us a call if you need anything. Or if you have something you would like to donate for others to use, please let us know.

## "ARE YOU O.K.?"

### Call reassurance Program

The "Are you OK?" program is a computerized telephone calling system, which is service designed for older adults, disabled persons, shut-ins who live alone or anyone else in our Town who needs to be checked on a daily basis. The system calls each enrolled subscriber at the same time each day. If the phone is not answered or the line is busy, the computer immediately notifies the police.

## MEALS ON WHEELS

This Program provides hot meals, on a temporary basis, to residents who are medically homebound and unable to prepare their own meals. We do not deliver to those who are able to prepare their own meals or who have someone who can prepare a meal for them. The estimated cost is about \$6.00 per meal and you will be billed monthly.

# ADULT/SENIOR PROGRAMS



## Ongoing Programs



### Weekly Bus Service to Scotts Corners Business District

Wednesday mornings. No cost.

Call 764-0947 on Tuesday to reserve a seat on the bus.

We will pick you up at your home and bring you to town to run errands.



### Chair Yoga For All

Conant Hall

Mondays 9:15-10:15am. No charge.

Presented by Northern Westchester Hospital.

Chair yoga is a general term for practices that modify yoga poses so that they can be done while seated in a chair.

Participants will be taught versions of twists, hip stretches, forward bends, and mild backbends.



### Café Conant, A Place to Gather

Conant Hall

Monday's 10:15-11:00am. No charge.

Complimentary coffee and tea, you bring the conversation.



### Out of Town Shopping and Lunch

Norwalk-Walmart, HomeGoods and Lunch.

Danbury-Christmas Tree Shop and Lunch.

Cortland Manor-Walmart and King Buffet.

Louise Paolicelli Phone: (914) 764-8201 Cell: (914) 447-0021

Email: [prseniors@townofpoundridge.com](mailto:prseniors@townofpoundridge.com)

# ADULT/SENIOR PROGRAMS & EVENTS

## Upcoming Events and Trips



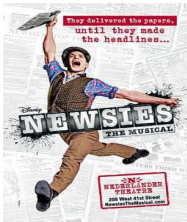
### St. Patrick's Day Luncheon

Thursday, March 14. No Charge.  
12 Noon. Conant Hall  
For Pound Ridge Seniors (65 +)  
RSVP by March 5



### Mohegan Sun Trip

Saturday, April 6. No Charge.  
7:30am-6:00pm. Bus departs from Town Park.  
RSVP by 3/26/19  
Transportation is funded by Pound Ridge Police Benevolent Association.



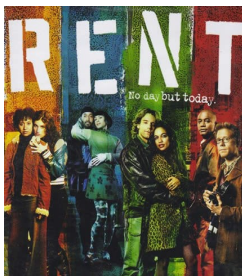
### Westchester Broadway Theatre: NEWSIES

Thursday, April 18 (10:30-5:00pm)  
Lunch and Show \$58.00 per person (due 2/28)  
Bus departs from the Town House.



### Fox Lane High School Students invite you to a "Senior" Prom.

Friday, April 12. No Charge.  
5:00-7:00pm RSVP by April 3  
Join Senior Citizens from other local communities for some food, fun and dancing. Food will provided by local restaurants.  
You must provide your own transportation.



### Brunch and Musical; RENT!

Sunday, April 7. No Charge  
Brunch 11:30am, Show 1:00pm.  
Bedford Central School District invites area Senior Citizens to the High School Musical: RENT and Brunch.  
You must provide your own transportation.



### Pound Ridge, Pizza and the Past

Thursday, March 28 (11:00am) No Charge  
Contact Louise if you will need a ride.  
Meet at the PR Museum for a tour of the exhibit "Tell me a Story": 50 Objects, 50 Stories. 12 Noon. Join us at Conant Hall for Pizza and a slide show of pictures from the book "Images of America: Pound Ridge"

# COMMUNITY FACILITY OFFERINGS

## CONANT HALL

257 Westchester Ave.

Historic Conant Hall is available to residents and non-residents for private parties.

Maximum capacity-180 people.

### Rental Fees:

**Resident: \$500.00 Non-Resident: \$800.00**

In addition to the rental fee, a \$500 *refundable deposit* and a certificate of insurance naming the Town of Pound Ridge as insured, are required and must accompany the rental application.

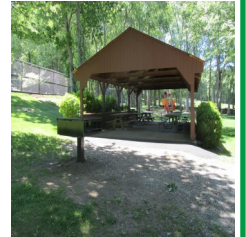
Contact the Recreation Department (914) 764-0947



## PARK SHELTER

199 Westchester Ave.

The shelter, playground and fields are available for your outdoor parties and gatherings. Reserve early!



The shelter has two grills and several picnic tables. Perfect for your BBQ event! **FREE** to Pound Ridge Residents and *non-resident Pool Members*. A certificate of insurance naming The Town of Pound Ridge as insured, are required and must accompany the rental application.



Contact the Recreation Department (914) 764-0947



## Have your next party at the Pool!

Available to Pool members only.

Reservation of party space: \$50.00

Non member guest \$5.00 per person adult or child (whether or not they are swimming)

### PARTY INCLUDES:

- \*Two hours use of a reserved area near the pool for your party.
- \*Two-6' long tables.
- \*Swimming for all party guests, at a discounted rate.
- \*A place to keep your cake/dessert item (limited space available)
- \* "Eats and Treats" birthday party menu package available, provided by our Pool concessionaire—at additional cost.

### RULES:

- \*Outside food and drinks (other than cake) cannot be brought into facility.
- \*Participants are responsible to set up/clean up the reserved area, and for the conduct of all participants.
- \*Wrist bands will be given to non-pool-member guests of the party and must be worn at all times.
- \*Parties will take place during pool hours, pool will remain open to the public.
- \*Call the Recreation Dept. for more information 914-764-0947

## GENERAL PARK INFORMATION

The Town Park is open from Sunrise to Sunset

### TOWN OF POUND RIDGE RECREATION & PARKS DEPARTMENT MISSION STATEMENT

The mission of the Pound Ridge Recreation and Parks Department, is to create and promote recreational, cultural and play opportunities for all town residents and to enrich their lives by preserving and enhancing the town's parks and natural areas.

### PARK FACILITIES

Welcome to the Town of Pound Ridge Parks and Facilities. Our Parks offer something for everyone young and young at heart. Check out our amenities, as many are available for public rental for all types of occasions. Pound Ridge Park has two full court basketball courts as well as a full size beach volleyball court, and Gaga Pitt. There are four tennis courts which require a permit for use. You can bring your children and play on the two playgrounds, use the walking trails or just come by on a warm summer night and catch a Little League baseball game. In the summer with paid admission, you can enjoy the three pools that are at the heart of our park. Enjoy your Sundays with live music by the pool. During the months of June and July, we welcome you and your family to enjoy our free "Movies in the Park". We also invite you to pay a visit to our passive recreational facility Sachs Park located at 4 Old Stone Hill Road.

#### Restrictions and policies:

Day Camp priority; During the day camp season, all \*park facilities, including the shelter, playground and ball fields, are reserved exclusively for the use of the day camp, Monday through Friday 9:00am-4:00 pm.

**Camp Season 2019 July 1-August 9**

*\*Exception; The pool will remain open to the public.*

Participants are to park in the main lot in front of the ball fields at all times. When camp is not in session only tennis players may park in the tennis court lot.

#### Park:

Use of the park by groups of ten or more must be scheduled through the Recreation Department. Failure to reserve use of the facility could result in your group being asked to leave the area. We also request groups using the pool to notify the Department to assure adequate guard coverage. Dogs must be kept on a leash at all times, and are not permitted in the pool area.

**Registration policies:** All fees must be paid at time of registration. Facilities and programs are for Pound Ridge residents, non-residents and their guests. Program fees are higher for non-residents.

Registration by mail must be accompanied by registration form and payment. Office accepts cash, checks and credit cards. We encourage early registration. Individual refunds must have a medical basis and require a written request.

A \$5.00 processing fee is charged.

Refunds will be made with no processing fee if a class is cancelled.

A \$20.00 service charge will be assessed for all returned checks.

# LIBRARY NEWS & EVENTS

## LIBRARY PROGRAMS

Phone: 764-5085

[www.poundridgelibrary.org](http://www.poundridgelibrary.org)

Library hours:

Tuesdays & Thursdays: 10:00am-8:00pm

Wednesdays, Fridays & Saturdays: 10:00am-5:00pm

Closed Sunday and Mondays



## ADULT PROGRAMS

### **“Art Writing ”**

Come write fiction and non-fiction!

Kim Kovach, moderator.

March 5-April 9, 10:30-12:00pm

April 9-May 21, 10:30-12:00pm

April 9-May 21, 10:30-12:00pm

### **Tai Chi Instruction**

Suzanne Vining, Instructor

March 6-June 6, 3:00 pm

### **Introduction to Calligraphy**

Instructor, Milton Primer

March 20, 1:30-2:30pm

### **The Pound Ridge Library Group:**

#### **Historical Fiction**

An opportunity to explore various historical periods of history through fiction.

March 13, April 10, May 6 and June 12.

1:30-2:30pm

#### **National Library Week,**

April 7-13

“Libraries = Strong Communities”

#### **Driver Safety Program**

Friday, May 10, 9:00am – 4:00pm

#### **Teaching Company Great Courses**

Thursdays, 1:00-3:30pm.

*World War I-The Great War*

April 4-June 6

### **Mah Jongg: The Chinese Game of Skill & Luck**

Tuesdays, 10:30-11:30pm.

March 5-April 2, May 7-June 4.

Learn the basic rules and indispensable strategies from Regina Klenosky!

### **Schubert Club Concert**

March 9, 3:00pm

### **Canasta**

End your week by playing this popular card game!

March 15-June 14, 2:00-4:00pm

### **Self-Defense Classes**

March 15-April 5, 4:45-5:30pm.

### **Meditation with Deidre Breen**

March 14-June 13, 6:45-7:45pm.

### **Norwalk Symphony Group**

April 13, 3:00pm

### **Modified Yoga**

May 3, 10, 17, 24, 31 & June 3

3:00-4:00pm

Sharron Cohen, moderator

### **ART EXHIBIT**

*EMPIRE/Terrasces*

Spencer Eldridge, March 7

(opening reception)-April 20.

# LIBRARY NEWS & EVENTS



## CHILDREN'S MENU

**Moms & Tots Story Time.** 2 year olds,  
Wednesdays, 11:00am.

**Preschool Story Time.** 3-5 year olds,  
Wednesdays, 4:00pm.

**Mother Goose Story Time.** 12-24 months  
Thursdays, 11:00am.

**Musical Munchkins** Ages 6 months to 6 years old.  
Tuesdays & Fridays, 10:20am.

**Snack & a Chat** 1<sup>st</sup> & 2<sup>nd</sup> Graders  
Second Thursday of month, 3:45pm. Call for details.

**Eager Eaters Book Group** 3<sup>rd</sup> Graders  
Second Thursday of month, 6:00pm. Call for details.

**Dinner and a Book** 4<sup>th</sup> and 5<sup>th</sup> Graders  
Fourth Thursday of month, 6:00pm. Call for details.

**“Un” Wheel of Fortune** Just like the TV show,  
except you will win prizes instead of money.  
Every Wednesday from 3:45-4:45pm.

**Wednesday afternoon “Clue”**  
Come play the popular mystery game with your  
friends and earn prizes! March 20 & 27, 3:45-4:45pm.

**Friday afternoon Bingo!**  
Come play Bingo with your pals every Friday  
afternoon and win prizes! 3:45-4:45pm.

**Saturdays @ the Library.** 2:00pm Call for details.

**Animal Embassy**-2<sup>nd</sup> Saturday of month  
High Touch High Tech-3<sup>rd</sup> Saturday of month  
Krafty Kids with Brenna Rosenfeld.  
4<sup>th</sup> Saturday of month

**Chess Instruction @ the Library.**  
Saturdays, 2:00pm

**Doll-making with Janine Logue**  
February 28, March 7, 14, 21, 3:45-4:45pm

**Talent Show for PRES students**  
Come show off your greatest talent  
@ the Library! Wednesday March 6, 3:45pm.

**“Tall Tales & Fairy Tales for Reader’s Theater”**  
Kim Kovach, moderator  
March 19, 26, April 2 & 9, 3:45-4:45pm.

**Library Sleepover**  
Ever wondered what it felt like to spend the  
night in the Library? Here’s your chance!  
Friday March 29.

**Wednesday afternoon Yahtzee**  
Come play the popular dice game with your  
friends to earn prizes!  
April 3-June 19, 3:45-4:45 pm.

**Secrets of Droon Jeopardy**  
Love this popular series? Well, come test your  
knowledge in this fun, new program!  
Prizes to be awarded to the winners!

**Spring Vacation Week Specials**  
2:00 pm “Animals in Spring” with the  
Darien Nature Center – April 23  
Storytelling with  
Ria Memories Entertainment”-April 25  
Feature film presentation, TBA-April 26

**Babysitting Night at the Library**  
Come spend a fun couple of hours at the Library  
while your parents enjoy a nice evening out on  
the town! We will have pizza, a magician,  
a movie, games, and more! Friday May 3.

**Scratch with “The Happy Code Club”**  
Interested in coding? Well, *The Happy Code Club*  
will be more than “happy” to teach you the  
basics! May 1-June 12, 3:45-4:45 pm.

# TOWN OF POUND RIDGE

## Office of Emergency Management



179 Westchester Avenue ♦ Pound Ridge, NY ♦ 10576

Dear Friends and Neighbors,

### What would you like your first-responders to know in case of an emergency at your home?

As part of our continued effort to improve the quality of our local emergency services, the **Pound Ridge Volunteer Fire Department**, **Pound Ridge Lions Volunteer Ambulance Corps**, and the **Pound Ridge Police Department** are coordinating an Emergency Pre-Plan Survey.

The objective is to collect important information that can help your local first-responders better protect you, your family and your loved ones in the event of an emergency at your home or business.

The information we are gathering focuses on residents with special needs, medical conditions, pets, challenging driveways, building construction, utilities, hazards, and more. Knowing these things before an emergency can make all the difference.

Actionable information will be incorporated into agency emergency pre-plans. All submissions are securely stored and are only used in emergency response situations. Share what you feel comfortable with. Once you have completed the survey, simply place it into the prepaid return envelope and drop it in your mailbox. If you have any questions or would like assistance with completing this survey, call 1(914) 600-3601 for support.

This survey can also be completed online by scanning the QR code below or by visiting: [bit.ly/poundridge](https://bit.ly/poundridge) (case sensitive).

Most importantly, our first-responders would like to say thank you. Your continued support allows us to provide a higher level of emergency response for our town. We are excited to continue working together for our great community.

Sincerely,

Pound Ridge Volunteer Fire Department  
Pound Ridge Lions Ambulance Corps  
Pound Ridge Police Department



To complete this survey online, scan the QR code or go to: [bit.ly/poundridge](https://bit.ly/poundridge) (case sensitive).



# TOWN OF POUND RIDGE

## Office of Emergency Management



### Helpful Information and Emergency Alerts from Federal, County, and Local Agencies



Keeping citizens informed.

- **Link:** [townofpoundridge.com/emergencymanagement](http://townofpoundridge.com/emergencymanagement)
- **Description:** Code Red is an emergency notification tool used by Pound Ridge to send important alerts directly to your phone and/or e-mail.



- **Link:** [www3.westchestergov.com/emergency-info/emergency-alert-sign-up](http://www3.westchestergov.com/emergency-info/emergency-alert-sign-up)
- **Description:** Westchester County has created an emergency notification system for its residents and people working in the county. The Community Emergency Notification System (CENS) will be used only in the event of a major disaster or catastrophe to disseminate important emergency notifications and updates.



- **Link:** [keepingsafe.westchestergov.com/indian-point](http://keepingsafe.westchestergov.com/indian-point)
- **Description:** Westchester's Indian Point Safety website contains educational information on how to react to an emergency at Indian Point along with sign-ups for emergency alert systems.



- **Link:** [nyseg.com/outages](http://nyseg.com/outages)
- **Description:** Report outages and get updated restoration information online from NYSEG.



### Ready

- **Link:** [ready.gov](http://ready.gov)
- **Description:** Ready is a national public service campaign designed to educate and empower Americans to prepare for and respond to emergencies including natural and man-made disasters. The goal of the campaign is to get the public involved and ultimately to increase the level of basic preparedness across the nation.



### Useful Phone Numbers

**FOR ANY EMERGENCY --- DIAL 911**

#### Non – Emergency Contact Numbers:

- ❖ Pound Ridge Police: 914-764-4206
- ❖ New York State Police: 914-277-3651
- ❖ Fire: 914-764-5102
- ❖ Ambulance Corps: 914-764-4545

### Follow Us Online for Important Community Announcements



[www.poundridgefire.com](http://www.poundridgefire.com)



Pound Ridge Volunteer Fire Department



[www.prvac.org](http://www.prvac.org)

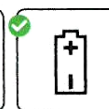


Pound Ridge Volunteer Ambulance Corps

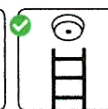
### Smoke Detectors Save Lives!



Test it



Change it



Replace it



# TOWN OF POUND RIDGE

## Office of Emergency Management



### What should your first-responders know in case of an emergency at your home?

To better protect you, your loved ones and your property, the **Pound Ridge Volunteer Fire Department**, **Pound Ridge Lions Volunteer Ambulance Corps**, and the **Pound Ridge Police Department** request your help by completing the Emergency Pre-Plan Survey below. The following information is being collected to better prepare your local first-responders for an emergency at your home. Completed surveys can be returned in the prepaid return envelope. Thank you for helping make Pound Ridge a safer community.

☎ For assistance with completing this survey, call: +1(914) 600-3601

📶 To complete online, scan the QR code or visit: [bit.ly/poundridge](https://bit.ly/poundridge) (case sensitive)

✉ Return by mail: Town Clerk OEM, 179 Westchester Ave, Pound Ridge, NY 10576



### ADDRESS

Last Name of Resident(s) / Household: \_\_\_\_\_

Address: \_\_\_\_\_

Household's Best Phone Number: \_\_\_\_\_

Do you own or rent this property?  Own |  Rent

Who is completing this survey?

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

(Relation to address)

Email address (for us to update this information): \_\_\_\_\_

### OCCUPANCY

Would any occupants require special assistance in an emergency?

(e.g. Senior Citizens, Difficulty Moving, Medical Conditions, Autism, Disabilities, etc ...)

Name(s): \_\_\_\_\_

Condition(s) / Description(s): \_\_\_\_\_

Do any occupants rely on **medical devices** or **oxygen therapy**? (e.g. Oxygen Tanks, Ventilators, Home Dialysis, etc ...)

Device(s): \_\_\_\_\_

Do you have any **pets**? (e.g. 1 large dog "Archie", 1 cat "Mr. Jinx")

Number and Type of Pets: \_\_\_\_\_

Is there an unfriendly dog?  Yes

### CONSTRUCTION

What is the **length** and **width** of your property's primary structure in feet?

Length (front of building): \_\_\_\_\_ ft. Width (side of building): \_\_\_\_\_ ft. Number of Floors (ignore basement): \_\_\_\_\_

Was your home built before the 1950s? (this helps us better understand your home's construction)

Yes |  No

Are there **additional structures** or **residences** on your property? If so, please describe the **type**, **usage**, and **location**: \_\_\_\_\_

How is your **attic** accessed?

Dropdown |  Staircase |  Scuttle |  No Access |  Unknown |  No Attic

Does your **basement** have direct exterior access?

Yes |  No

Is your **basement**?

Finished |  Unfinished |  No basement

## DRIVEWAY

How **long** is your **driveway**?  Short |  Medium |  Long (+1/4 Mile or 1,320 ft.) |  Other:

Check ALL that apply to your **driveway**:

Shared driveway |  Multiple driveways access the property |  This driveway would be very difficult for a fire truck

Please describe anything about your **driveway** that will help first-responders unfamiliar with your property. If your **driveway** is not clearly marked, what should we look for?

(e.g. "Shared driveway; left is #7 and right is #8" or "Additional driveway leads to the back of our property.")

## UTILITIES

Are any of the following on your property?

Solar Panels |  Home Battery Pack |  Fixed Automatic Backup Generator (\*Please exclude portable generators.)

If so, where is the emergency shut-off?

Can you concisely describe where your home's **electricity breaker panel(s)** are located?

(e.g. "Located in the basement utility room, door is 20 feet on the right from bottom of stairs.")

Are there large permanent **propane tanks** on your property? Size of Tank (g): \_\_\_\_\_ Usage: \_\_\_\_\_

No |  Yes, Above Ground |  Yes, Below Ground | Location: \_\_\_\_\_

Is there bulk **fuel** or **hazardous** materials stored anywhere at this address?

## OTHER PERTINENT INFORMATION YOU WOULD LIKE TO SHARE?

Is there any other pertinent information you would like to share in case we're called to your home for an emergency?

## EMERGENCY KEYHOLDERS

Please list emergency keyholders. Keyholders may be contacted in the event no one is home:

First & Last Name	Cell Phone
1.	
2.	
3.	
4.	

**Thank you for completing our survey. Please remember to return it in the pre-paid envelope.**

Disclaimer: We do not guarantee that all submitted information will be incorporated into emergency pre-plans or that it will be used during an emergency.

Recreation Office  
Town of Pound Ridge  
179 Westchester Ave.  
Pound Ridge, NY 10576-1743

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**Pound Ridge, New York 10576**

