

Pound Ridge Community Pass: The below descriptions we would love to have displayed on your community Pass:

Preschool T-Ball

Parent Assisted T-Ball Squirts: Age 3-3.9 | Soccer T-Ball: Age 4-5.5 | Senior Squirts T-Ball: Age 5.5-6.9

- **Seasons:** Spring, Summer, and Fall
- **Duration:** 6-8 week programs
- **Time:** Various times, classes are typically 45 minutes in length
- **Days:** Weekdays and weekend timeslots available
- Run by USA Sport Group
- Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

Preschool Multi Sports

Parent Assisted Multi Sports: Age 2.5-3.9 | Multi Sports Squirts: Age 3-4.5 | Senior Squirts Multi Sports: Age 5.5-6.9

- **Seasons:** Spring, Summer, and Fall
- **Duration:** 6-8 week programs
- **Time:** Various times, classes are typically 45 minutes in length
- **Days:** Weekdays and weekend timeslots available
- Run by USA Sport Group
- Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

Pound Ridge Recreation Website: The below descriptions we would love to have displayed on your website under your:

Youth Spring Programs Tab (on the left menu of your homepage)
USA Sport Group Preschool Classes

Parent Assisted Squirts: Multi-Sports

Age: 2.5 to 3.9 yrs

Season: Spring, Summer, and Fall

Type: Weekly Classes, running for 6-8 weeks

Parental Involvement: Assistance & support is required

Open the door to the thrilling world of sport with this exciting program, paving the way for your child's exploration & development. Your child will experience a variety of sports, including Lacrosse, Soccer, T-Ball, and Track & Field, all with the support and guidance of a parent.

In this program, we place a strong emphasis on fostering essential life skills such as teamwork, patience, and self-confidence. Parents take on a supportive role, offering guidance and assistance when required, to ensure a positive experience. Join us in this journey of exploration and growth, where your child's unique pace is celebrated, and sport becomes an enriching experience for the whole family.

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

Squirts Multi Sports:

Multi-Sports Squirts allows children to experience a variety of sports throughout the program. Our professional coaches ensure that children are engaged in fun, inclusive activities, in a positive learning environment.

Players will have the opportunity to try Lacrosse, Soccer, T-Ball, & Track & Field. In addition to emphasizing the fundamentals of each sport, each activity is designed to improve hand-eye coordination, balance, agility, and movement. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success.

Multi-Sports Class Highlights

- Development of fine motor skills
- Play a variety of different sports
- Fun sports-themed activities
- Concept of being part of a team
- Free Dri-Fit Shirt & completion certificate

All equipment needed for this class will be provided by USA Sport Group.

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

Senior Squirts Multi Sports:

- Multi-Sports Senior Squirts classes introduce beginners and those with some experience to a variety of different sports. Our professional sports coaches will ensure that children are engaged in fun, inclusive activities, in a positive learning environment.

Players will have the opportunity to try Lacrosse, Soccer, T-Ball, & Track & Field. They will learn the basic principles of each sport and will be encouraged to apply these skills to a series of fun challenges, structured activities, and scrimmages.

Multi-Sports Class Highlights

- Develop coordination, balance, and agility

- Play and learn basic rules for different sports
- Fun activities and competitions
- Teamwork and sportsmanship
- Scrimmages
- Free Dri-Fit Shirt & completion certificate

All equipment needed for this class will be provided by USA Sport Group.

All children will be split into groups based on age and experience level

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

Parent-Assisted T-Ball Squirts:

Age: 3 to 3.9 yrs

Season: Spring & Summer

Type: Weekly Classes, running for 6-8 weeks

Parental Involvement: Assistance & support is required

Embark on an exciting T-Ball adventure tailored to match your child's development and pace. Your child will dive into the world of baseball and softball, nurturing essential T-Ball skills such as throwing, hitting, running, and catching, all with the support and guidance of a parent.

In this program, we place a strong emphasis on fostering essential life skills such as teamwork, patience, and self-confidence. Parents take on a supportive role, offering guidance and assistance when required, to ensure a positive experience. Join us in this journey of exploration and growth, where your child's unique pace is celebrated, and T-Ball becomes an enriching experience for the whole family.

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](#)

T-Ball Squirts:

- T-Ball Squirts is the perfect class for introducing a child to baseball or softball. Our professional coaches ensure that children are engaged in fun, inclusive activities, in a positive learning environment.

This class encourages players to develop motor skills and basic t-ball techniques in hitting,

throwing, catching, base running, fielding, and more. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success

T-Ball Class Highlights

- Development of fine motor skills
- Basic rules and t-ball techniques
- Fun t-ball themed activities
- Concept of being part of a team
- Free Dri-Fit Shirt & completion certificate

We recommend that participants bring their own mitt/glove for this program, all other equipment needed for this class will be provided by USA Sport Group.

All children will be split into groups based on age and experience level

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](https://usasportgroup.com)

Senior T-Ball Squirts:

- T-ball Senior Squirts classes introduce beginners and those with some experience to the fundamentals of baseball. Our professional T-ball coaches will ensure that children are engaged in fun, inclusive activities, in a positive learning environment.

Players will focus on learning the rules and enhancing techniques for hitting, throwing, base running and fielding. Players will learn the basic principles of T-ball and will be encouraged to apply these skills to structured game scenarios, challenges, and scrimmages..

T-ball Class Highlights

- Hitting, throwing, catching, and fielding!
- Field positioning and t-ball game rules
- Fun activities and competitions
- Teamwork and sportsmanship
- T-Ball scrimmages
- Free Dri-Fit Shirt & completion certificate

Participants are required to provide their own baseball glove for this class. All other equipment needed will be provided by USA Sport Group.

All children will be split into groups based on age and experience level

Full details, schedules, & registration: [Pound Ridge Recreation Sports Camps, Classes, Programs and Lessons | Pound Ridge NY \(usasportgroup.com\)](https://usasportgroup.com/pound-ridge-recreation-sports-camps-classes-programs-and-lessons)