

SUMMER 2024

N2N

Town of Pound Ridge Neighbor to Neighbor Newsletter
Programs for Pound Ridge Seniors

N2N Senior Picnic BBQ

For Pound Ridge Residents 65+



Thursday, June 13th 11:30 AM

No charge

**The picnic will be held in the courtyard in front of
The Market at Pound Ridge Square.
55 Westchester Ave.**

**Hot dogs, hamburgers, salads,
beverages and dessert**

RSVP by May 30th. Call 914-764-8201 or email PRSeniors@townofpoundridge.com.

Food and Beverage provided by the Pound Ridge Recreation Department

Transportation:

If you need transportation to the Picnic please let us know when you register

Monetary donations are welcome and can be sent to:
Neighbor to Neighbor, Town of Pound Ridge,
179 Westchester Ave., Pound Ridge, NY 10576



Join us for a tour of the

Malcolm Pray Achievement Center in Bedford

Learn about Malcolm's
World Class Private car collection
and his efforts to teach others the keys to success.

Over 30 cars on display. No charge.

10:30 am Thursday May 23rd.

(Register by May 9th)

Bus leaves from the Town House or meet us there.

Space is limited—Register early!

To register email Louise at
prseniors@townofpoundridge.com or
call (914) 764-8201



For more information about the center check out their website:
<https://www.prayachievementcenter.org>

Pound Ridge Seniors are welcome to join Senior Programs in surrounding towns

Ridgefield Founders Hall (call now to be added to long waitlist)

<https://founders-hall.org/> 203-431-7000

Bedford Senior trips

Call (914) 666-7203

Upcoming Trips to Mark Twain & Harriet Beecher Stowe Site,
Villa Roma Resort, Hudson River Boat Tour, Octoberfest, Resorts World Casino

For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.

Local Lunches

Join us to enjoy lunch out at a local restaurant.

Pay for your own lunch— must bring CASH

Thursdays once a month **Bus leaves from Town House at 12 noon**
RSVP by one week before

May 30th Gates Restaurant in New Canaan

June 27th Horse and Hound in South Salem

July 25th La Vista in South Salem \$25 2-course lunch special

August 29th Ching's Table in New Canaan \$13.95 2-course lunch special



Chair Yoga

At Conant Hall
No Charge
Mondays 10:00 am

Wear comfortable clothes.

No registration required
There will be no class on Holidays.

This special program is presented by
Northern Westchester Hospital.



Café Conant

We provide the coffee and tea
You bring your lunch
No Charge

Drop in anytime on Wednesdays
11:00 am to 2:00 pm

No RSVP necessary!

At Conant Hall



Jigsaw Puzzle Loans

500 to 1000 pieces A large variety available—we have over 50 puzzles to select from

Contact Louise to borrow one: 914-764-8201

Seminars for Seniors at Conant Hall



Advocating for yourself as a senior

Thursday May 9th

1:00 PM

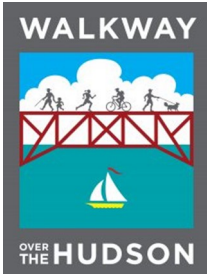
Protecting yourself from fraud

Thursday August 22nd

10:00 AM



Register at least one week before.
Presented by Family Services of Westchester (FSW)



Join us for a Tram Tour of the Walkway over the Hudson

Poughkeepsie, NY

Thursday July 18th

\$15 per person

Depart Town House at 9:30 AM Return about 4:00 PM

Register by July 1st

After tour we will have lunch at a local restaurant
(pay for your own lunch)

Limited to 10 attendees



\$15 payment
must be received
to reserve a spot.



Please contact Louise Paolicelli at 914-764-8201 or PRSeniors@townofpoundridge.com with any questions or to register for programs.






For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.



May 2024 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com</i></p>						
5	6 Chair Yoga 10-11	7	1  Café Conant 11-2	2	3	4
12	13 Chair Yoga 10-11	14	8  Café Conant 11-2	9 Seminar: Advocating for yourself	10	11
19	20 Chair Yoga 10-11	21	15  Café Conant 11-2	16	17 Food Truck Friday	18
26	27 Memorial Day Parade	28	22  Café Conant 11-2	23 Trip to Malcolm Pray Achievement Center	24	25
			29  Café Conant 11-2	30 Local Lunches: Gates	31	



June 2024 Neighbor to Neighbor Events For Pound Ridge Seniors

And other local events of interest









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com</i></p>						
2 Pound Ridge Color Run	3 Chair Yoga 10-11	4	5  Café Conant 11-2	6	7	8
9 PR Partnership Beautification Day	10 Chair Yoga 10-11	11	12  Café Conant 11-2	13 N2N Annual Picnic/BBQ	14	15 PR Partnership Bake-off
16 Music on the Green	17 Chair Yoga 10-11	18	19 Café Conant 11-2 Juneteenth	20 Sara Stein Garden Tour 11 AM	21 Food Truck Friday	22
23 Pool Side Concert 2-5	24 Chair Yoga 10-11	25	26  Café Conant 11-2	27 Local Lunches: Horse & Hound	28	29 5K Road Race
30 Music on the Green						Fireworks



July 2024 Neighbor to Neighbor Events For Pound Ridge Seniors

And other local events of interest







<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Chair Yoga 10-11	2	3  Café Conant 11-2	4 	5	6
7	8 Chair Yoga 10-11	9	10  Café Conant 11-2	11 Trip to Ward Pound Ridge & lunch	12	13
14	15 Chair Yoga 10-11	16	17  Café Conant 11-2	18 Trip to Walkway over the Hudson	19 Food Truck Friday	20
21	22 Chair Yoga 10-11	23	24  Café Conant 11-2	25 Local Lunches: La Vista	26	27
28 Music on the Green	29 Chair Yoga 10-11	30	31  Cafe Conant 11-2	<i>Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com</i>		



August 2024 Neighbor to Neighbor Events For Pound Ridge Seniors

And other local events of interest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com</i></p>						
4	5 Chair Yoga 10-11	6	7  Café Conant 11-2	8	9	10 Pool side Concert 2-5
11	12 Chair Yoga 10-11	13	14  Café Conant 11-2	15	16 Food Truck Friday	17
18	19 Chair Yoga 10-11	20	21  Café Conant 11-2	22 Seminar: Protecting yourself from Fraud	23	24
25 Music on the Green	26 Chair Yoga 10-11	27	28  Café Conant 11-2	29 Local Lunches: Ching's Table	30	31



Neighbor to Neighbor (N2N) Services:

- ◆ “Are you OK?” - Call Reassurance Program
- ◆ Grocery Deliveries—Temporary assistance
- ◆ Rides to Scotts Corner Business District on the N2N Bus
 - ◆ Medical Equipment Loans
- ◆ Meals on Wheels—temporary assistance
- ◆ File of Life Cards

For more information about these and other programs
 call Louise at (914) 764-8201,
 email PRSeniors@townofpoundridge.com or check us out online at:
www.townofpoundridge.com



Suggestions and ideas are welcome!

We always welcome any ideas or suggestions on services, trips or events you would like to have.

Call or email Louise with your ideas.



Ride the N2N Bus to town

Ride the N2N Bus to do your chores in Scotts Corners. We pick Seniors up at their homes and bring them to places in Scotts Corners to do their shopping.

This service is offered one day a week.
 Call 764-8201 for more information.



To Register for a program or for Questions

Contact Louise Paolicelli (914) 764-8201

email: PRSeniors@townofpoundridge.com

Program Guidelines:

- ◆ Trips will be cancelled if there is not enough participation
- ◆ Trips are open to Pound Ridge Senior Residents and one guest
- ◆ Additional guests will be placed on a waitlist and are welcome if there is space available.
 - ◆ Some trips may charge additional fees for Non-residents.
- ◆ Non-Senior Pound Ridge adults will be placed on a waitlist and are welcome to join if there is space available.

Town of Pound Ridge Recreation Department Senior Programs Program Registration Form

This form must be completed to register for any program that requires payment.
To register for programs that do not have a fee you may complete the form or call 914-764-8201 or email prseniors@townofpoundridge.com.

Name: _____ Phone: _____

Email: _____

Mailing address: _____

Make checks payable to “Town of Pound Ridge” Separate checks are required for each program

Mail to: Senior Programs, PR Recreation Department, 179 Westchester Avenue, Pound Ridge, NY 10576
For any programs that you are bringing a guest(s), please attach a list of your
guest(s) names and phone numbers.

Event Date	Event/Trip	# of People	Cost per Person
May 9	Seminar: Advocating for Yourself		no charge
May 23	Trip to Malcolm Pray Center		no charge
May 30	Lunch at Gates, New Canaan		Pay for your own lunch
June 13	N2N Picnic/BBQ		no charge
June 20	Tour of Sara Stein Garden		no charge
June 27	Lunch at Horse and Hound		Pay for your own lunch
July 11	Trip to Ward Pound Ridge & Lunch		Pay for your own lunch
July 18	Trip to Walkway over the Hudson		\$15 and pay for lunch
July 25	Lunch: La Vista		Pay for your own lunch
August 22	Seminar: Protecting yourself from Fraud		no charge
August 29	Lunch: Ching's Table		Pay for your own lunch
September 26	Mohonk Mountain House Trip		\$124 ages 65+ \$147 under 65



Ward Pound Ridge Reservation Trip

Thursday July 11th

Depart Town House at 10:30 AM

No charge - Register by July 1st

Visit the Trilside Museum and then we will take a short bus ride around the Reservation

Lunch at Le Fontane Ristorante in Katonah
(pay for your own lunch)



Mohonk Mountain House

Our Day visit will include an extensive buffet lunch and time to enjoy self guided tours of the Greenhouse and Gardens.

Shop at the gift shop and Greenhouse Garden Shop.

Hike the beautiful trails.



Thursday, September 26, 2024
9:00—5:30

\$124 ages 65+

\$147 under 65

Register by August 15th

Depart from the Town House at 9:00am

Pound Ridge Partnership Events:

For more information go to <https://poundridgepartnership.org/> or call James at 914-391-8182

Food Truck Fridays: May 17, June 21, July 19, August 16

Music on the Green: June 16, June 30, July 28, August 25

Color Run - June 2

Beautification Day- June 9

Bake-Off - June 15

Juneteenth Celebration - June 19

Town of Pound Ridge Recreation Department
Senior Programs
179 Westchester Avenue
Pound Ridge, NY 10576

PRSRT STD
U.S. Postage
PAID
White Plains, NY
Permit NO. 490

**See inside for
details on:**

N2N Picnic/BBQ

**Tours of:
Walkway Over the
Hudson**

Sara Stein Garden

Ward Pound Ridge

**Mohonk Mountain
House**

And more...

N2N



Join us for a tour of
James & Ellen Best's
Sara Stein Garden

Fox Hill Rd., Pound Ridge

Thursday, June 20th

Depart from Town House at 11:00 AM

Followed by lunch at Blind Charlies if you wish to join us.
No charge for tour. Pay for your own lunch.

Register by June 6th